



CROSS COUNTRY CHAMPIONSHIPS SATURDAY 6TH JANUARY 2018 AT BEXHILL

QUALIFICATION & AFFILIATION

All athletes must have a Sussex County affiliation through either birth or nine months continuous residence in the county prior to the date of competition and must also be affiliated to England Athletics via their club. Club vests must be worn.

ENTRY FEES

Seniors - £6 U13/U15/U17/U20 - £5 U11 - £3.50

Advance entry only for all age groups – entries will close 29th December 2017.

ON-LINE ENTRY is available this year https://entries.opentrack.run/2018/sussex_xc/
(please cut and paste this link into your browser if you cannot connect directly).

TIMETABLE

11:10 under 11 boys (yr 5/6) 1M / 1.6k

11:20 under 11 girls (yr 5/6) 1M / 1.6k

11:30 under 13 girls 1.8M / 3k

11:45 under 13 boys 1.8M / 3k

12:00 pm under 15 girls 2.5M / 4k

12:20 under 15 boys 2.5M / 4k

12:40 under 17 women 3.1M / 5k

13:05 under 17 men 3.1M / 5k

13:30 under 20 men 5M / 8k

13:30 senior men 7.5M / 12k

14.25 under 20 and senior women 4M / 6.4k

Ages as of midnight 31st August/1st September 2017. Athletes who were u11 at that date who are now 11 may elect to run as either u11 or u13.

Please be aware that only those u20 men and women who are u20 as of 31st December 2018 will be eligible to compete in that age group at the National Inter-Counties. Any man who is over 20 at that date wishing to be considered for selection to the County senior team may compete in the senior race and can be part of his club's team. There is no u11 age group at the inter counties.

Team managers are asked to advise athletes with disabilities who wish to enter that they should contact the Entries Secretary on 07936 863862 to discuss the individual implications of the disability risk assessment.

INDIVIDUAL & TEAM AWARDS

Medals will be awarded to first three in each age group (including u11s and u20 women) and also to the first three teams in each race (except u11s) – three to score except senior women (four to score) and senior men (six to score). Club vests must be worn to be eligible for awards.

Presentation of awards will take place as soon as is practical after the results are available and proceedings allow.

Any queries contact the meeting manager on 07936 863862 or by: [EMAIL](#)
Any on-line entry issues email: [Administrator](#)



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Sussex County Athletics Association



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