

Sussex County AA

2017 Road Relay Championships

Saturday 1st April

New for 2017 - chip timing with relay batons

- venue:** Christ's Hospital School, Horsham RH13 0YP licence no: 2017-28000
- races:**
- | | | |
|---------|--------------------------------|------------------------------------|
| 11.00am | U13 Girls | team of 3 runners 1 small lap each |
| 11.30am | U13 Boys | team of 3 runners 1 small lap each |
| 12 noon | U15 Girls and U15 Boys | team of 3 runners 1 small lap each |
| 12.30pm | Senior Women (including U17's) | team of 3 runners 1 large lap each |
| 12.30pm | Veteran Women (Over 40) | team of 3 runners 1 large lap each |
| 12.30pm | Veteran Women (Over 50) | team of 3 runners 1 large lap each |
| 12.30pm | Veteran Men (Over 60) | team of 3 runners 1 large lap each |
| 1.30pm | Veteran Men (Over 50) | team of 3 runners 1 large lap each |
| 1.30pm | Veteran Men (Over 40) | team of 4 runners 1 large lap each |
| 1.30pm | Senior Men (including U17's) | team of 6 runners 1 large lap each |
- course:** Large lap is approx 2 miles 93 yards. Small lap is approx 1 mile 241 yards.
- medals:** County medals will be awarded to first three teams in each race.
- Awards will be made to the fastest 3 lap times in each age group, including U17 Women and Men who score in the Senior team races.
- entry:** **New entry procedure for 2017**
Entry is via the Sussex Athletic website <http://www.sussexathletics.net/> which will be operational towards the end of February or by post.
Entries close Thursday 23rd March.
An acknowledgement e-mail will be sent together with instructions and a team declaration form. If you have not received an acknowledgement e-mail by Monday 27th March please contact sussexroadrelays2017@gmail.com
We request that the team declaration form is returned via e-mail by 4pm Thursday 30th March. This is to assist with organisation. Names can be changed on the day (although not encouraged!) up to 45mins before the start.
Clubs may, and are encouraged to, enter more than one team in each category.
- age:** In Senior Races, all competitors must be at least 15-years-old by 1st September 2016. Veteran Women and Men must be at least 40 (or 50 or 60) on 01 April 2017, with all other ages as at 01 September 2016.
Under 13's must be at least 11 years old on the day of the race.
- entry fees:**
- | | |
|----------------------------------|--------------|
| U13 and U15 Girls and Boys teams | £12 per team |
| Senior Women | £12 per team |
| Veteran Women (Over 40 and 50) | £12 per team |
| Senior Men | £24 per team |
| Veteran Men (Over 40) | £16 per team |
| Veteran Men (Over 50 and 60) | £12 per team |
- under UK Athletics Rules:** No athletes will be allowed to run without wearing Club Colours. All members of scoring teams MUST have a Sussex qualification by birth or 9 months continuous residence. Non-scoring teams will be allowed but they must be declared as such.

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Postal Entry Form

	No of teams	Cost per team	Total amount
U13 Girls		(£12 per team)	£
U13 Boys		(£12 per team)	£
U15 Girls		(£12 per team)	£
U15 Boys		(£12 per team)	£
Senior Women		(£12 per team)	£
Veteran Women (Over 40)		(£12 per team)	£
Veteran Women (Over 50)		(£12 per team)	£
Senior Men		(£24 per team)	£
Veteran Men (Over 40)		(£16 per team)	£
Veteran Men (Over 50)		(£12 per team)	£
Veteran Men (Over 60)		(£12 per team)	£
		Total	£

I enclose a cheque for £ _____ made payable to **SUSSEX COUNTY AA**

CLUB _____

Name _____ Position in Club _____

Home Address _____

_____ Tel No _____

Email (required) _____

Signed _____ Date _____

CLOSING DATE 23rd March 2017

ENTRIES TO: Event Secretary, 6 St John's Place, Hove, East Sussex BN3 2FJ