

One form per entrant.

Please read the disclaimer carefully, print and complete the form, sign the declaration and return, with a cheque made payable to **Uckfield Lions Club** for £10, by 8 July 2016 to:

Lions Chris Sherwood 34 Regency Close Uckfield TN22 1DS

## **Entrants Details**

Name					
Address					
Town					
Postcode					
Phone			<b>-</b>		
Email					
Disclaimer a	nd declarat	ion			

I understand that the majority of the route is off-road and conditions underfoot may be uneven and loose.

I declare that I will be over the age of 18 on Sunday 10 July 2016 and I will not compete in the 10K run unless I am medically fit on the day and that, in any event, I will compete at my own risk.

I accept that the organisers and their marshals will not be liable for any loss, damage, action, claim, costs or expenses, which may arise as a consequence of my participation of the event.

Under the Data Protection Act I agree to my details being stored on a computer by Uckfield Lions Club for the purpose of organising and administering the Uckfield Lions 10K Run.

Signed							
Date							
For Uckfield Lions Club Use Only							
	Runner Number						