course 5 miles over Wolstonbury Hill **July 2016 SATURDAY** St. Lawrence Fair 2.45 pm Short Course 1.5 miles through Danny Park Special price Cups and great prizes for the winners. for families running the short course together Changing in the Bowls Club (no showers). Off road except for a short stretch on the Only £5 in advance! long course. Any number including Well marshalled with water stations. 1 adult + 1 child. Collect numbers at Race HQ (BN6 9QB) behind the tennis courts by 2pm. Start in the fair arena 2.45pm.

First Name	M/F	Indicate fee	In advance	On the day
		Long	£7	£10
Last Name		Short	£3	£5
		Family *	£5	£10
Address	* List other family members on the back - name, gender & age			
Postcode				
Email				
Phone		Date of birth		
Emergency no.		Age		

Race Director: Benny Coxhill - Russell's Cottage, St Georges Lane, Hurstpierpoint, BN6 9QX

Email: stlawrencefair.funrun@gmail.com Tel - 07917 207 268

www.stlawrencefair.org.uk/entry-forms Web Site:

http://www.runbritain.com/races?keyword=st+lawrence+fair Online entry:

NOTE: SEND POSTAL ENTRIES WITH A STAMPED ADDRESSED ENVELOPE. ENTRIES WILL CLOSE WHEN LIMIT IS REACHED (200) Entry Fees are non-refundable.

Disclaimer

I declare that I am medically fit to run and understand that I do so at my own risk and that the organisers will not be liable for any loss, damage action, claim cost or expenses, which may arise as a result of my taking part in this event or from the postponement or cancellation of this event for any reason whatsoever. I agree to be bound by the laws and rules of UK Athletics

