



Activities4all

LODGE HILL



THE VETERANS'
MENTAL HEALTH CHARITY

EXTREME CHALLENGE

10K

OBSTACLE COURSE

27th SEPTEMBER 2015

10.00am

- Set in 32 acres of private woodland near Pulborough and in the heart of the South Downs National Park
- Cross country running at a different level
- Natural & man made obstacles
- Water & mud features
- A few surprises!
- Ages 18+
- £25 entry
- Proceeds shared between Lodge Hill and Combat Stress Charity

Entry forms can be downloaded from the website or by contacting Jamie/Colleen



01798 831411



jamie@lodgehill.org.uk

colleen@lodgehill.org.uk

www.lodgehill.org.uk

Lodge Hill Registered Charity Number 1071041