



Race Director: Ben Adams
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Haywards Heath Harriers Hickstead Gallop

West Sussex Fun Run League
Sunday 12th October 2014

At the World Famous All England Jumping Course Hickstead

www.haywardsheathharriers.co.uk

Directions: The All England Jumping Course, Hickstead, West Sussex, RH17 5NU. Situated on the A23 and well sign posted, 15 miles south of Gatwick Airport, and 8 miles north of Brighton. Ample parking is available.

Race detail: Please arrive in plenty of time to collect your race number where applicable.

Race	Age	Distance	Start Time	Postal Entry	On the day Entry
A	Under 9 Girls School year 4 and below	700m	1015	£2	£2
B	Under 9 Boys School year 4 and below	700m	1020	£2	£2
C	Under 11 Girls School years 5 & 6	1000m	1025	£2	£2
D	Under 11 Boys School years 5 & 6	1000m	1035	£2	£2
J	Junior Under 16	1600m	1045	£1 (WSFL), £4 (Other)	£1 (WSFL), £5 (Other)
S	Senior	8km	1100	£2 (WSFL), £4 (Other)	£4 (WSFL), £5 (Other)

The course: All races are off-road within the grounds of the course and are traffic free. The course is unsuitable for wheelchairs. No dogs are permitted. Disabled runners please contact us to discuss the suitability.

Facilities: Changing and toilets. No showers. Bags are left at owners' risk.

Results and Medals: Results will be posted online on the Haywards Heath Harriers web page on Monday 13th October. Medals for all finishers in the U9 and U11 races.

Refreshments: Free water for runners. Tea, coffee, sandwiches and cakes will be on sale.

With special thanks to our sponsors

NEW RIVER RETAIL

NewRiver Retail is a specialist Real Estate Investment Trust with a core UK-wide portfolio and assets under management of £600m comprising 24 shopping centres, 18 High Street units and one shopping parade



French has been established for over forty years. From our base in Newick, our expertise and quality encompasses specialist in-house joinery through detailed shopfitting and finishing, as well as extensive construction and refurbishment.

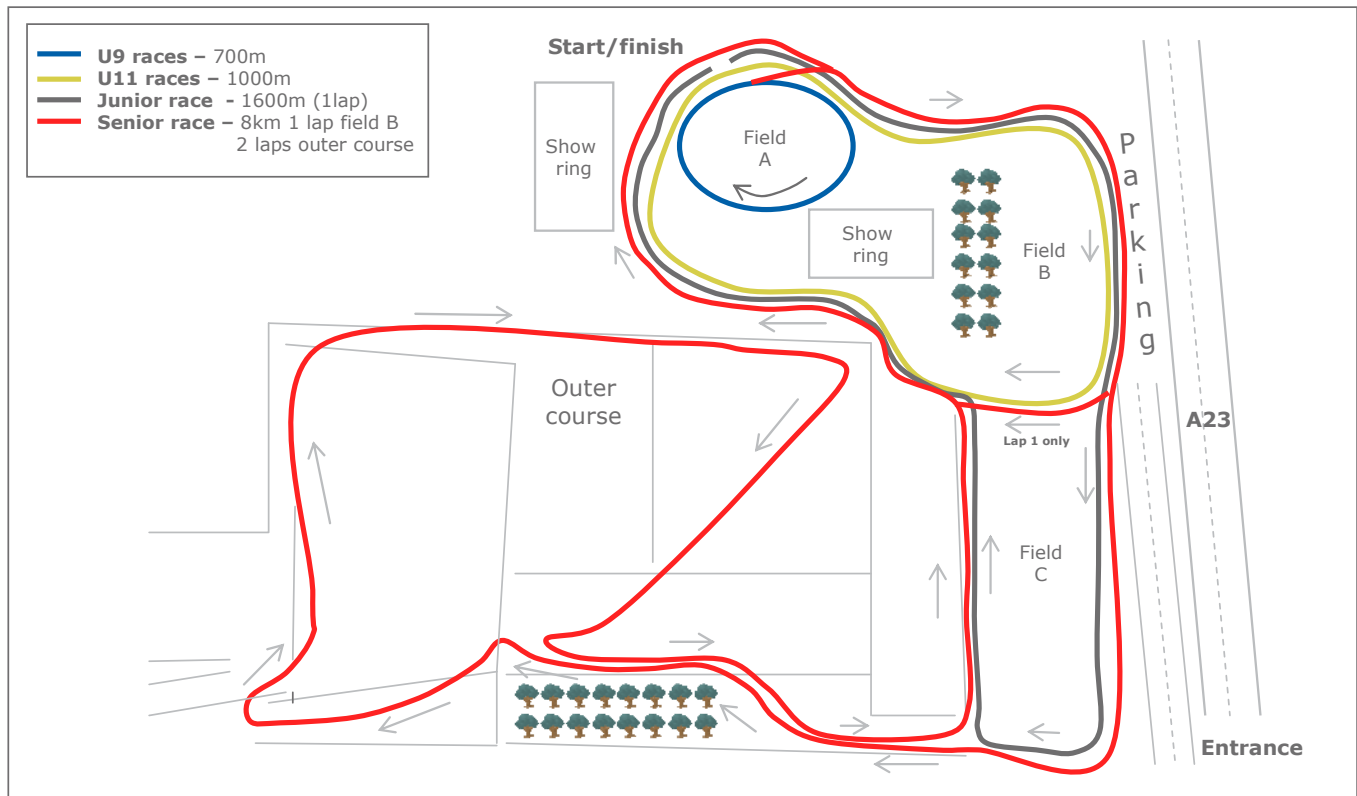
OPTIMUM

KITCHEN APPLIANCE CENTRE
Showrooms in Haywards Heath & Southwick

Optimum is a large family owned independent store selling a wide range of freestanding and built-in kitchen appliances.

Course map:

Please note that the course may be subject to change due to weather conditions.



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 Please detach

Entry Form:

Closing date: Postal entries received after 8th October 2014 cannot be processed.

Entries to: Hickstead Gallop, 37 Oathall Avenue, Haywards Heath, RH16 3ES
 (Please enclose C5-size, 229 x 162 mm, Self stamped addressed envelope)

First name.....**Surname**..... **M/ F**.....**Date of Birth**.....**Age**.....

Address.....

Postcode..... **Tel**.....**Club/School**.....**WSFRL club – Y/N**

Race code (A, B, C, D, J or S)**I enclose a cheque for £**(Payable to Haywards Heath Harriers)

I am medically fit to run and I understand that the organisers of this event will not be liable for any accident, loss or damage arising from my participation in the event. I am aware that the race results will be published on the Haywards Heath Harriers club and other websites and that the finish area will be filmed for results purposes only.

Signed:..... (Parent/Guardian, if under 16 years)