



# The 2014 Crowborough 10k Road Race



## Sunday 30<sup>th</sup> November 2014, 10AM

Part of the Sussex Grand Prix

- VENUE:** Beacon Community College, North Beeches Road, Crowborough, East Sussex, TN6 2AS. Changing and showers available.
- COURSE:** An undulating 10 kilometre, 2 lap course. Certificate of course accuracy No.SEAA.05/069. A Sussex Grand Prix event run under UK Athletic Rules. Permit: applied for. Course not suitable for wheelchair users.
- ENTRY TO:** Race Secretary, 1 Wolfe Close, Crowborough, East Sussex, TN6 2PF. **STAMPED ADDRESSED ENVELOPE PLEASE.**
- ENTRY FEE:** £10.00 attached (running club member) / £12.00 unattached. Cheques payable to **Crowborough Runners**. Entries on the day £14.00 subject to availability
- CLOSING DATE:** **Monday 24<sup>th</sup> November 2014.** Race entry limit is 600 – entries close when limit is reached.
- SMALL PRINT:** *Every effort will be made to run the race or reschedule if extreme weather does not allow it; however the organisers reserve the right to cancel the race if this is not possible.*

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**Please enter me in the 2014 Crowborough 10K Road Race:**

First Name ..... Last Name.....

Your Address .....

Tel Number ..... Email address (NEATLY PLEASE!) .....

Your age on Race Day: ..... Date of Birth .....

Gender: M / F

UK Athletics Affiliated Club ..... UK Athletics Number .....

I am over 16 years of age and I accept that the organisers will not be liable for any loss, damage, claim, costs or expenses which may arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and that, in any event, I will compete at my own risk.

Signed ..... Date .....

**DONT FORGET YOUR STAMPED ADDRESSED ENVELOPE!**

OFFICIAL USE ONLY: Category..... Fee Enclosed



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