

5K

Position	Race No	Name	Gender	Club	Time
1	92	Ross Brock	M	Eastbourne Rovers	18.13
2	150	Jake Nixon	M	Eastbourne Rovers	18.15
3	135	Dan Marsh	M	BRT	18.34
4	127	Alex Mandr	M	BRT	18.42
5	96	Dan Harwo	M	BRT	19.11
6	16	Lee Page	M		19.12
7	184	Dan Gilkes	M		19.40
8	93	Aislin Darw	F	Eastbourne Rovers	20.15
9	168	Tom Bramp	M	BRT	20.58
10	195	Jacek Soin	M		21.06
11	103	Dan King	M		21.14
12	7	Dave Turne	M	Vegan Runners	21.15
13	183	Jonni Andre	M	Run Wednesdays	21.21
14	153	Terry Puxty	M	Hastings AC	21.35
15	178	Danny Gart	M	Run Wednesdays	21.41
16	161	James Kell	M		21.44
17	185	Ali Marshm	M	BRT	21.55
18	190	Sophie Mc	F		22.02
19	194	Richard Ga	M		22.09
20	165	Dave Palm	M	BRT	22.10
21	124	Andrew Be	M		22.18
22	197	Matthew Da	M		22.23
23	164	Julian Man	M	BRT	22.24
24	193	Jon Molton	M		22.26
25	132	Emma Holc	F		22.32
26	117	Paula Chas	F		22.40
27	181	Donna War	F	Run Wednesdays	22.45
28	176	Paul Racks	M	Hastings AC	22.50
29	128	Sharon Dic	F	BRT	22.51
30	95	Duncan En	M		22.55
31	94	Emma Faul	F	BRT	23.19
32	154	Justin Etkir	M	BRT	23.20
33	172	Colin Burba	M	Run Wednesdays	23.20
34	129	Eddie Wint	M	Arena ATS	23.22
35	180	Hannah Fra	F	BRT	23.52
36	106	Tony Eator	M		24.04
37	162	Tim Cox	M	BRT	24.05

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38	191	Robert Bra	M		24.09
39	198	Lauren Sta	F		24.18
				Run Wednesda	
40	179	Phil Wood	M	ys	24.45
41	97	Dean Edwa	M		24.46
42	88	Simon Cork	M		24.51
43	187	Chris Heen	M		24.57
				Run Wednesda	
44	182	Louise Rya	F	ys	24.58
45	188	Dani Heene	F	WSEH	24.58
46	192	Jane Molto	F		25.02
47	170	Antonio Se	M	BRT	25.14
48	112	Simon Nix	M		25.20
49	98	Rachael He	F		25.24
50	169	Katy Wride	F		25.27
51	160	Tess Kelly	F		25.27
				Worthing Striders	
52	104	Vicky Baldv	F		25.28
53	173	Sam Brown	M		25.37
54	111	Barry Ingra	M	BRT	25.43
55	130	Bill Pender	M	BRT	25.48
56	91	Sarah Wolf	F	BRT	25.48
57	134	James Gra	M	BRT	26.03
				Bodyshock Runners	
58	186	Damon Pin	M		26.26
				Vegan Runners	
59	6	Nataliina B	F		26.27
60	120	Petra Newr	F		26.40
61	90	Trevor Wol	M	BRT	26.41
62	137	Cathy Bate	F	BRT	26.57
63	109	Steven Bar	M		27.04
64	105	Sam Holme	F		27.05
65	200	Faye Darga	F		27.10
66	158	John Walke	M		27.31
67	143	Vikki Taylor	F		27.32
68	140	Peter Morg	M		27.42
69	119	Elaine Knig	F		27.48
70	126	Karin Gree	F		27.50
71	163	Gordon Ca	M		28.18
72	155	Nicole Dys	F		28.24
73	118	Kerry Lum	F		28.24
74	123	Brian Cope	M		28.33
75	148	Abbos Azac	M		27.48
76	171	Michael Kir	M	BRT	29.01
77	131	Lorna Cotte	F	BRT	29.03
78	151	Andrew Wil	M		29.15
79	152	Janet Wilsc	F		29.16
80	15	Nikki Vaugh	F		29.18
81	9	Martin Vau	M		29.19

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				Run Wednesda ys	
82	196	Dawn Roge	F		29.33
83	142	Tom Wagn	M		29.43
84	17	Tamsin Mo	F		30.28
85	138	Jason Barr	M		30.30
86	159	Alex Hall	M		30.57
87	156	Julie Hall	F		31.01
88	145	Sara Andre	F		31.05
89	146	Sarah Blac	F		31.05
90	110	Michelle Co	F		31.08
91	136	Rachael Ma	F		31.14
92	189	Les Marriot	M		31.28
93	174	Jacqui Mor	F	BRT	31.35
				Uckfield Stationery Club	
94	175	Tom Lynas	M		31.35
95	141	Victoria Wa	F		31.44
96	167	Harry Davie	M		31.50
97	166	Louise Dav	F		31.54
98	199	Debbie Shu	F		33.45
99	144	Mikey Your	M		34.05
				Run Wednesda ys	
100	89	Ann Lozach	F		34.24
101	116	Lizzy Conn	F		34.51
102	147	Gail Harley	F		36.37
103	149	Melanie Nix	F		36.39
104	115	Debbie Der	F		37.00
105	113	Louise Offe	F		38.26
106	99	Charleigh C	F		38.26
107	114	Sara Coope	F		38.26
108	100	Sophia Dou	F		39.16
109	177	Christine R	F	Hastings AC	40.02
110	86	Liz Foster	F	Bodyshock Runners	40.06
111	108	Jacqueline	F		41.15
112	87	Jim Austin	M		43.12
113	157	Angela Wa	F		45.42
				Unable to run at Bexhill but ran 5K for Alex whilst on holiday	
	18	Jez Wood	M		