

Overall Race Position	Race No	Surname	Forename	Club	Category	Gender	Finish Time
1	384	Corbett	Jamie	Worthing & District Harriers	Senior	male	00:58:58
2	231	Massingale	Andy	No Club	Senior	male	00:59:11
3	233	Brown	Tom	No Club	Senior	male	01:00:38
4	148	cotes	Thomas	Henfield Joggers	Senior	male	01:01:36
5	145	Sherriden	iain	No Club	Senior	male	01:03:10
6	394	Wigmore	Steve	Horsham Joggers	V50	male	01:03:30
7	147	Kingston	Sarah	Harriers	Senior	Female	01:03:49
8	217	Bromfield	Pete	No Club	Senior	male	01:04:06
9	235	Kurth	Gary	No Club	Senior	male	01:04:53
10	118	Turk	Simon	Steyning Athletics Club	V40	Male	01:05:03
11	176	Martin	Iain	No Club	V50	male	01:05:52
12	299	Woodward	Graham	Chichester Runners & AC	Senior	male	01:06:16
13	123	Hall	Daisy	Stubbington Green Runners	Senior	female	01:06:39
14	220	Cripps	Fay	No Club	Senior	female	01:07:20
15	163	charnack	robin	No Club	v50	male	01:08:11
16	328	Banks	Robb	No Club	V40	male	01:08:47
17	278	Eggs	Justin	Chichester Runners & AC	V40	male	01:09:12
18	243	Akerman	Keith	Chichester Runners & AC	V40	male	01:09:13
19	214	Potter	Mark	No Club	Senior	male	01:09:21
20	383	Norris	Sally	Lewes	Senior	female	01:09:27
21	387	Ramage	Euan	Horsham Joggers	Senior	male	01:09:38
22	237	Kavanagh	Steve	Fittleworth Flyers	V50	male	01:09:49
23	212	Henderson	Rob	No Club	Senior	male	01:10:18
24	155	kemp	lee	No Club	Senior	male	01:10:28
25	174	Slingo	Wayne	No Club	Senior	male	01:10:45
26	344	Mills	Stuart	Witham Running Club	V40	male	01:11:02
27	376	Smith	James	No Club	V40	male	01:11:08
28	343	Box	James	No Club	V40	male	01:11:26
29	140	Williams	Hun	Tuff Fitty Triathlon Club	v40	male	01:11:33
30	137	Thraves	Simon	Fittleworth Flyers	v50	male	01:11:35
31	340	Chambers	Colin	Mid Sussex Tri Club	V50	male	01:11:55
32	296	Abegao-Clark	Charlie	No Club	Senior	male	01:11:59
33	144	Fourreau	Alain	No Club	S30	male	01:12:33
34	213	Edwards-Lunn	Toby	No Club	V40	male	01:12:41
35	390	Salter	Dan	Lancing Eagles	V40	Male	01:12:50
36	127	Turner	Ian	No Club	v40	male	01:12:53
37	313	Wilkins	Tim	No Club	V50	male	01:12:56
38	232	Brown	Ben	No Club	Senior	male	01:13:00
39	109	Leddra	Joe	No Club	Senior	Male	01:13:03
40	116	Ludlam	Simon	Chichester Runners & AC	v50	male	01:13:20
41	141	Clarke	rick	Arena 80 AC	V50	male	01:13:31
42	398	Hoodless	Robert	Mid Sussex Tri Club	V50	male	01:13:49
43	268	Carrington	Phillip	No Club	Senior	male	01:13:56
44	389	Haynes	Richard	Haywards Heath Harriers	V50	male	01:14:03
45	198	Greenaway	Ian	Lingfield RC	V40	male	01:14:13
46	288	Mole	Stuart	No Club	V40	male	01:14:16
47	399	Weston	Ian	Polegate Plodders	V50	male	01:14:30
48	338	Meeking	Jamie	No Club	V40	male	01:14:36
49	347	Barrett	Katherine	Haywards Heath Harriers	Senior	female	01:14:39
50	354	Jervis	Joe	No Club	Senior	male	01:14:47
51	262	Sadler	James	No Club	Senior	male	01:14:49
52	275	Dowle	Jo	No Club	V40	female	01:14:53
53	238	Hughes	James	No Club	V40	male	01:14:53
54	319	Dale	Jonny	No Club	V40	male	01:14:56
55	222	Jenner	Adrian	No Club	V40	male	01:15:15
56	380	Upton	Stephanie	Striders of Croydon	V40	female	01:15:36
57	329	Newman	Michael	No Club	V40	male	01:15:37
58	138	Mullins	Pete	Southampton Athletic Club	Senior	male	01:16:13
59	348	Ford	Dave	No Club	V40	male	01:16:16
60	135	Crane	Nick	Stubbington Green Runners	V60	male	01:16:27
61	364	Jones	Sue	No Club	V40	female	01:16:38
62	271	Hadley	Kathryn	No Club	Senior	female	01:16:48
63	270	Liptrot	Nick	No Club	Senior	male	01:16:48
64	226	Shirley	Reg	Goring Road Runners	V50	male	01:17:34
65	356	Edward	Noel	No Club	Senior	male	01:17:36
66	191	Donno	Johnathon	No Club	V40	male	01:18:03
67	202	McMahon	David	No Club	V50	male	01:18:13
68	114	Salter	Bruce	No Club	V40	male	01:18:26

Overall Race Position	Race No	Surname	Forename	Club	Category	Gender	Finish Time
69	372	Williams	Philip	No Club	V50	male	01:18:32
70	166	Chivers	Jack	No Club	Senior	male	01:19:20
71	357	Hollis	Keith	Southampton Athletic Club	v40	male	01:19:38
72	161	Carey	Simon	Bexhill Runners and Triathletes	V50	male	01:19:40
73	261	Hickman	Raymond	No Club	V50	male	01:20:11
74	355	Roland	James	No Club	Senior	male	01:20:14
75	388	Pitt	Maresa	Haywards Heath Harriers	V40	female	01:20:18
76	281	Sadler	Carolyn	No Club	V40	female	01:20:20
77	159	Baker	Mark	No Club	S30	male	01:20:40
78	124	banks	russell	no club	V40	male	01:20:48
79	190	Carroll	Sharon	No Club	Senior	female	01:20:55
80	157	Ayling	Lloyd	No Club	V50	male	01:21:05
81	335	Langhorne	Charlie	No Club	V50	male	01:21:23
82	154	Lee	Andy	Stubbington Green Runners	V50	male	01:21:26
83	337	Trickey	Abigail	No Club	Senior	female	01:21:28
84	397	Baker	Rachel	Mid Sussex Tri Club	V40	female	01:21:48
85	133	Fuller	Jon	No Club	v50	male	01:22:14
86	293	Rank	Claire	B & H Athletic Club	Senior	female	01:22:23
87	160	Tombs	Linda	Fittleworth Flyers	V50	female	01:22:29
88	290	Da Vall	Paul	No Club	V40	male	01:22:55
89	203	Law	Kathleen	No Club	Senior	female	01:22:56
90	326	Lowe	James	No Club	V50	male	01:23:01
91	361	Ayres	Roger	No Club	V40	male	01:23:03
92	240	Skinner	Gary	No Club	V40	male	01:23:28
93	336	Jordan	David	No Club	Senior	male	01:23:33
94	230	Poustie	John	No Club	Senior	male	01:23:35
95	345	Martin	Wendy	Witham Running Club	V40	female	01:23:41
96	187	Evans	George	No Club	V50	male	01:23:46
97	218	Worthington	Rob	No Club	V50	male	01:23:48
98	129	Mikelas	Trevor	No Club	v60	male	01:24:07
99	312	Swan	Natasha	Seaford Striders	V40	female	01:24:22
100	185	Waterlow	Michael	No Club	V40	male	01:24:30
101	143	Dargan	Matthew	No Club	V40	male	01:24:34
102	263	Mete	Nicole	No Club	V40	female	01:24:44
103	279	Dickinson	Phil	Mel's Milers	V50	male	01:24:47
104	122	Sloggett	Chris	Henfield Joggers	Senior	Male	01:24:59
105	400	Gray	Richard	Lancing Eagles	V50	male	01:25:32
106	136	Richardson	Ian	Southampton Athletic Club	V60	male	01:25:38
107	308	Howitt	Graham	No Club	V40	male	01:25:41
108	310	Waller	Barry	Worthing & District Harriers	V60	male	01:26:03
109	287	Milsom	Clare	No Club	V50	female	01:26:10
110	353	German	Noel	No Club	V40	male	01:26:27
111	169	Tinson	Jenny	No Club	V40	female	01:26:34
112	204	Gibbs	Sean	No Club	V50	male	01:26:40
113	146	Ruffle	Catherine	No Club	V40	female	01:26:47
114	215	Kyte	Michelle	No Club	Senior	female	01:26:59
115	284	Gray	Andy	No Club	V40	male	01:27:09
116	167	Cranfield	Ian	No Club	V40	male	01:27:12
117	111	Kavanagh	John	No Club	Senior	male	01:27:19
118	180	Farthing	Angela	No Club	V40	female	01:27:24
119	267	Carrington	Helen	No Club	Senior	female	01:27:47
120	126	Patel	Yogesh	No Club	v50	male	01:27:49
121	259	Ayres	Keith	No Club	V50	male	01:27:55
122	172	Moller	Carl	No Club	V50	male	01:28:07
123	210	Plows	Mark	No Club	Senior	male	01:28:27
124	170	Thomas	Martin	No Club	V50	male	01:28:58
125	168	Tinson	Steve	No Club	V50	male	01:28:58
126	173	Moller	Debbie	No Club	V50	female	01:29:03
127	294	White	Patrick	No Club	V40	male	01:29:20
128	349	Bilham	Nathan	Tone Zone Runners	Senior	male	01:29:22
129	276	Prevost	Leigh	No Club	V40	female	01:29:34
130	197	Millen	James	Portslade Hedgehoppers	V40	male	01:29:38
131	219	Miners	Anne	Arena 80 AC	V50	female	01:29:40
132	302	Griggs	Julia	No Club	V40	female	01:29:52
133	189	Dehors	Sylvain	No Club	Senior	male	01:29:54
134	182	Kemp	Amanda	No Club	V40	female	01:29:54
135	162	Carey	George	No Club	S20	male	01:30:09
136	224	Fine	Juliet	No Club	V40	Female	01:30:31

Overall Race Position	Race No	Surname	Forename	Club	Category	Gender	Finish Time
137	139	Foster	ian	Worthing Harriers	v50	male	01:30:37
138	304	Sykes	Nicky	No Club	V40	female	01:30:44
139	303	Sykes	Stephan	No Club	V40	male	01:30:44
140	225	Clarke	Adam	No Club	V50	male	01:31:08
141	341	James	Linda	Worthing & District Harriers	V50	female	01:31:11
142	334	James	Bradley	No Club	Senior	male	01:31:11
143	370	Dodkin	Jo	We Run, Hassocks	V40	female	01:31:12
144	246	Phillips	Griz	No Club	V50	female	01:31:27
145	228	Cammack	Gill	No Club	V50	male	01:31:27
146	119	Lamb	Mike	No Club	Senior	male	01:31:30
147	130	Mikelas	Grant	No Club	Senior	male	01:31:33
148	193	Heath	Andrew	Tuff Fitty Triathlon Club	Senior	male	01:31:38
149	236	Harvey	Paul	Southampton Athletic Club	V60	male	01:31:45
150	285	Wilson	Louisa	Worthing & District Harriers	Senior	female	01:31:46
151	297	Beck	Eric	Chichester Runners & AC	V50	male	01:31:50
152	250	Brockwell	Val	Portslade Hedgehoppers	V60	female	01:32:03
153	369	Towse	Paul	No Club	V40	male	01:32:07
154	149	Harvey	Clive	Tuff Fitty Triathlon Club	V50	male	01:32:13
155	333	Thornton	Clair	Sevenoaks AC	V40	female	01:32:14
156	332	Allen	Mike	Sevenoaks AC	V40	male	01:32:14
157	245	Colbourne	Stuart	No Club	Senior	male	01:32:20
158	244	Northeast	Ian	No Club	V40	male	01:32:20
159	291	Belk	Tom	No Club	Senior	male	01:32:23
160	289	Da Vall	Simon	No Club	V50	male	01:32:33
161	322	Matthews	Arthur	Arunners Running Club	V50	male	01:32:36
162	179	Sole	Darren	No Club	V40	male	01:32:52
163	178	Sole	Adrian	No Club	V60	male	01:32:52
164	128	Peace	Jo	No Club	v40	female	01:33:26
165	321	Wallace	Paula	No Club	V40	female	01:33:37
166	269	Thorogood	James	No Club	V40	male	01:33:40
167	207	Nottidge	David	Lingfield RC	V60	male	01:33:57
168	318	Green	Kenton	No Club	V40	male	01:34:06
169	249	Jones	Dan	No Club	V50	male	01:34:12
170	200	Menard	Camille	B & H Womens Running Club	Senior	female	01:34:18
171	227	Carder	Judith	B & H Athletic Club	V50	female	01:34:43
172	223	Moyle	Camilla	B & H Athletic Club	V40	female	01:34:43
173	211	Hedgethorpe	Peter	Portslade Hedgehoppers	V60	male	01:34:45
174	272	Harvey	Trevor	Tuff Fitty Triathlon Club	V50	male	01:34:57
175	175	Crowley	Julian	No Club	V50	male	01:35:14
176	392	Billingham	Anne	Mel's Milers	V50	female	01:35:36
177	110	Parratt	Matthew	No Club	Senior	male	01:35:38
178	316	Lock	Mike	No Club	Senior	male	01:35:41
179	363	Rankin	Graham	No Club	V40	male	01:35:42
180	386	Ramage	Anna	Mel's Milers	V50	female	01:35:55
181	121	Killick	John	Steyning Athletics Club	v70	male	01:36:07
182	396	Painter	Lindsay	Mel's Milers	V50	female	01:36:17
183	229	Donovan	Richard	No Club	V40	male	01:36:28
184	358	Cleghorn	Matthew	No Club	Senior	male	01:36:34
185	115	Tutt	Jon	No Club	v40	male	01:36:58
186	393	Wigmore	Karen	Amphibians Tri	V60	female	01:37:07
187	152	Taylor	Peter	No Club	V40	male	01:37:07
188	150	Szymonski	Swarvek	No Club	V40	male	01:37:13
189	330	Bayman	Anthony	No Club	Senior	male	01:37:14
190	153	Engelbrecht	Greg	No Club	S30	male	01:37:14
191	253	Whitehead	Ross	No Club	V40	male	01:37:36
192	151	Szymonski	Lucy	No Club	V50	female	01:37:47
193	295	White	Katherine	No Club	V40	female	01:37:50
194	385	Gibb	Sarah	Worthing Running Sisters	V50	female	01:38:17
195	298	Bird	Helena	No Club	Senior	female	01:38:17
196	241	Etheridge	Jo	B & H Womens Running Club	V60	female	01:38:20
197	305	Golding	David	No Club	V50	male	01:38:29
198	382	Kirkpatrick	Anna	Arunners Running Club	V50	female	01:38:30
199	120	Barness	Anna	No Club	v40	female	01:38:39
200	208	Ko	Raymond	No Club	V40	male	01:39:04
201	134	Griffin	Gerard	No Club	v50	male	01:39:16
202	196	Honey	Laura	No Club	Senior	female	01:39:21
203	260	Khan	Andrew	No Club	V50	male	01:39:24
204	165	Barker	Joel	No Club	Senior	male	01:39:41

Overall Race Position	Race No	Surname	Forename	Club	Category	Gender	Finish Time
205	164	Gillett	Andy	No Club	V40	male	01:40:13
206	277	Prevost	Leah	No Club	Senior	female	01:40:16
207	221	Read	Ginette	No Club	V40	female	01:40:34
208	195	Boreham	Sarah	No Club	Senior	female	01:40:50
209	301	Goddard	Carly	No Club	V40	female	01:42:16
210	351	Clarke	Barry	No Club	V40	male	01:42:28
211	247	Pearson	Richard	Southampton Athletic Club	V40	male	01:42:37
212	242	Reeves	Julia	Eastbourne Rovers AC	Senior	female	01:42:57
213	216	Goad	Lisa	Eastbourne Rovers AC	Senior	female	01:42:57
214	188	Lonsdale	Nadia	No Club	Senior	female	01:43:08
215	327	Lowden	Sarah	No Club	V40	female	01:43:20
216	311	Witney	Anne	Steyning Athletics Club	V60	female	01:43:40
217	362	Gardiner	Dana	Worthing Running Sisters	V60	female	01:44:40
218	381	Taylor	Christopher	Southampton Athletic Club	V60	male	01:45:14
219	156	Card	John	No Club	S30	male	01:45:25
220	125	Timms	Gary	Brighton and Hove AC	V50	Male	01:46:32
221	234	Cordiner	Peter	No Club	V50	male	01:46:33
222	292	Harrington	Kelly	No Club	Senior	female	01:46:36
223	142	Harrington	Shorona	Burgess Hill Runners	Senior	female	01:46:37
224	309	Howitt-Jones	Sarah	No Club	V40	female	01:47:12
225	239	Skinner	Caroline	No Club	V50	female	01:48:05
226	257	Bulpitt	Steve	Southampton Athletic Club	V60	male	01:49:26
227	307	Richards	Lise	No Club	V50	female	01:49:35
228	306	Lascelles	Kate	No Club	Senior	female	01:49:35
229	323	Walsh	Jake	No Club	V50	male	01:49:43
230	186	Pamment	Liz	No Club	V50	female	01:51:12
231	254	Turner	Alison	Henfield Joggers	V50	female	01:51:17
232	258	Hawkins	Ian	No Club	V50	male	01:51:24
233	192	Nicel	John	Fittleworth Flyers	V60	male	01:52:36
234	352	Clarke	Katerina	No Club	V40	female	01:52:41
235	184	Sharp	Naomi	B & H Womens Running Club	V40	female	01:52:48
236	264	Coppard	Catherine	B & H Womens Running Club	V40	female	01:52:51
237	286	Crowther-Alwyn	Nadia	B & H Womens Running Club32	Senior	female	01:52:55
238	183	White	Daniel	No Club	Senior	male	01:53:51
239	371	Stanbridge	Carol	Worthing Running Sisters	V60	female	01:54:15
240	131	wilson	Lorraine	Bognor Tri Club	v40	female	01:54:18
241	113	Gouh	Tracey	No Club	senior	female	01:54:18
242	112	Purde	Paul	No Club	v40	male	01:54:20
243	199	Marshall	Wendy	B & H Womens Running Club	V50	female	01:54:29
244	320	Gharsallah	Andrea	Worthing Running Sisters	V50	female	01:56:16
245	346	Furse	Laura	B & H Womens Running Club	V40	female	01:56:35
246	158	Rebera	Michael	No Club	V40	male	01:56:42
247	391	Barton	Joanne	Shoreham Beach Bounders	V55	female	01:57:27
248	359	Janssuene	Katy	No Club	V40	female	01:57:27
249	317	Hall	Clare	No Club	V50	female	02:02:10
250	378	Moore	Leonie	B & H Womens Running Club	V40	female	02:06:21
251	375	Greaves	Martin	Fittleworth Flyers	V60	male	02:08:38
252	194	Lawton	Ken	No Club	V60	male	02:08:46
253	314	Costello	Cheryl	B & H Womens Running Club	V40	female	02:10:16
254	266	Simpson	Jo	B & H Womens Running Club	V50	female	02:10:16
255	265	Whitcroft	Kay	B & H Womens Running Club	V40	female	02:10:16
256	248	Arjun	Sarah	B & H Womens Running Club	V50	female	02:10:16
257	395	Hayward	Liz	Burgess Hill Runners	V50	female	02:19:17
258	117	Harris	Neil	No Club	v40	male	03:20:37