

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

*Manually entered time

1	1	1 300m Hurdle Race 1			
1	188	TOM PARRY	SM	Kingston & Poly.Harriers	39.26
2	288	GAVIN STEPHENS	SM	Worthing Harriers	40.60
3	208	MICHAEL SHORTALL	SM	Thurrock Harriers	41.18
4	101	MARK ANDREWS	SM	Holland Sports AC	44.35
1	1	2 300m Hurdle Race 2			
1	136	JOE FUGGLE	U17M	Tonbridge AC	38.99
2	297	GEORGE GRAINGER	SM	Crawley AC	40.45
3	286	BEN JONES	SM	Nene Valley	40.48
1	1	3 300m Hurdle Race 3			
			*2ft9 Hurdles		
1	266	KATRINA BAJORINAITE	U20W	Horsham Blue Stars	48.42
2	290	MELISSA CHEESEMAN	U20W	Crawley AC	48.88
1	1	4 300m Hurdle Race 4			
1	110	ORLA BROTHERS	U17W	Crawley AC	45.72
2	281	UNA LAQUERETABUA	U17W	Tonbridge AC	49.51
3	220	AMELIA THORPE	U17W	Walton AC	50.44
4	224	ANOUSHA WARDLEY	U17W	Reigate Priory/Crawley	50.54
5	287	ALI CROCKER	U17W	Crawley AC	50.56
2	1	1 1500m Race 1			
1	9	CALLUM STONE	U13B	East Grinstead AC	05:18.96
2	166	THEO SIMON LEWIS	U13B	Reigate Priory	05:27.35
3	39	JOSHUA PAY	U13B	Brighton & Hove	05:32.83
4	17	TOM HOGAN	U13B	Brighton & Hove	06:02.74
5	242	AIDEN ADAMS	U13B	U/A	06:03.02
6	26	FINLAY HUNT	U13B	Brighton & Hove	06:19.68
2	1	2 1500m Race 2			
1	298	HARRY SWINDELLS	U17M	Phoenix AC	04:34.67
2	21	GEORGE CROCKER	U17M	Crawley AC	04:38.40
3	8	HARRY DURGAN	U17M	East Grinstead AC	04:51.49
4	13	JOE SMITH	U15B	Crawley AC	04:51.86
5	299	JACK ETHERTON	U17M	Phoenix AC	05:00.70 *
6	212	LEO STALLARD	U15B	Chichester Runners	05:01.70 *
7	4	JAY ATKINS	U15B	Lewes AC	05:10.95
8	234	JOEL WILLIAMS	U17M	Havant AC	05:11.67
2	1	3 1500m Race 3			
1	1	MAX PICKARD	SM	Phoenix AC	04:18.13
2	43	DAVE BLOMGUEIST	U20M	Aldershot	04:19.04
3	6	ALISTAIR MASSON	U20M	Dorking & Mole Valley	04:19.42
4	296	TOM STONE	U17M	Lewes AC	04:59.35
5	160	THOMAS KEENAN	U23M	Sutton & District	05:04.72
6	275	DUNCAN WARDLEY	SM	Reigate AC	05:11.52

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

2	1	4 1500m Race 4			
1	10	MAISIE COLLIS	U13G	Herne Hill	05:17.93
2	300	LILY GRANT	U13G	Reigate AC	05:27.64
3	18	PIA LEWIS	U13G	Brighton & Hove	05:45.57
4	289	BECCA LOSH	U13G	Brighton & Hove	05:53.82
5	295	GEORGIA HOPE	U13G	Sutton & District	05:53.82
6	176	EMILY MUZIO	U13G	Brighton Phoenix	05:56.36
2	1	5 1500m Race 5			
1	152	VICTORIA HISCOCK	U20W	Benfleet R.C.	05:02.70 *
2	226	POPPY WARDLEY	U15G	Reigate Priory	05:12.60 *
3	293	NIAMH HALLOREN	U15G	Brighton & Hove	05:27.80 *
4	25	EVA JOHNSON-ELLIS	U20W	Lewes AC	05:32.80 *
5	7	CAITLIN WILLIAMS	U17W	Kingston	05:44.00
6	225	THEA WARDLEY	U15G	Reigate Priory	05:45.69
7	277	AMBER WRIGHT	U15G	Brighton & Hove	05:48.93
8	206	BETH SHERRELL	U17W	Havant AC	06:05.91
3	1	1 60m Race 1		+4.2 M/S	
1	5	BARTON CARTER	U11B	Reigate Priory AC	8.81
2	153	JACK HOAD	U11B	Reigate Priory AC	9.22
3	169	ASHTON MACLEOD	U11B	Crawley AC	9.25
4	54	CONNEL LAWES	U11B	Horsham BS	9.84
5	177	WILLIAM MUZIO	U11B	Brighton Phoenix	9.95
6	31	TOM RALPH	U11B	Horsham BS	10.28
7	120	FINLAY DONJON	U11B	Crawley AC	10.46
3	1	2 60m Race 2		+3.8 M/S	
1	257	SOPHIE KING	U11G	Reigate AC	9.38
2	233	AMELIA WILLIAMS	U11G	Swale Combined	9.64
3	181	LIBBY NOYCE	U11G	Crawley AC	9.79
4	218	ELLIE THATCHER	U11G	Southampton AC	10.19
5	49	MACEY LAWES	U11G	Horsham BS	10.19
6	14	SOPHIE WILKINSON	U11G	Brighton & Hove	10.24
4	1	1 80m Race 1		+2.9 M/S	
1	50	JAMES DAY	SM	Brighton & Hove	9.09
2	2	JOE MORRIS	SM	Eastbourne Rovers	9.38
3	208	MICHAEL SHORTALL	SM	Thurrock Harriers	9.69
4	101	MARK ANDREWS	SM	Holland Sports AC	10.15
4	1	2 80m Race 2		+4.1 M/S	
1	48	DAN BROOKER	SM	Brighton & Hove	9.50
2	41	GLEN COOPER	SM	Hastings AC	9.90
3	211	STEVE SQUIRES	M35	Havant AC	10.00
4	3	DANIEL SHEPPARD	SM	Eastbourne Rovers	10.10
5	227	RAY WATKINS	M60	Basingstoke AC	12.57

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

4	1	3 80m Race 3		+3.1 M/S	
1	52	RYAN DEOL	U20M	Brighton & Hove	9.40
2	74	RHYS TURNER	U17M	U/A	9.64
3	150	TOBIAS HAWKINS	U17M	Brighton & Hove	9.69
4	157	JAMIE HOLME	U17M	East Grinstead AC	9.78
5	229	HALLAM WEBB	U17M	Camberley AC	10.36
4	1	4 80m Race 4		+2.4 M/S	
1	34	JAMIE AYRES	U17M	Eastbourne Rovers	9.37
2	173	WILL MARTIN	U17M	Tonbridge AC	9.39
3	149	JOSHUA HAWKINS	U17M	Brighton & Hove	9.71
4	249	WILLIAM WARD	U17M	Overton Grange AC	10.25
5	203	MAX DOWLING ROWLINSON	U17M	Brighton & Hove	10.42
6	255	ISABEL KING	U15G	Reigate AC	10.70
4	1	5 80m Race 5		+2.4 M/S	
1	38	SOPHIA CUNNINGHAM	U17W	Eastbourne Rovers	10.29
2	22	EVIE ROSSITER	U20W	Brighton & Hove	10.76
3	184	MILLIE O'HARA	U17W	Eastbourne Rovers	10.88
4	69	SUZY BIGWOOD	U17W	Tonbridge AC	10.98
5	24	SHANNON CASSIDY	U20W	Brighton & Hove	11.23
4	1	6 80m Race 6		+3.6 M/S	
1	273	JAMES BOOTH	U15B	Brighton & Hove	10.48
2	111	DAN BROWN	U17M	Crawley AC	10.77
3	235	REECE WILLIAMS	U15B	Swale Combined	10.91
4	70	BRADLEY FRANLAND	U15B	U/A	11.23
5	58	MORGAN HAYWARD	U15B	Crawley AC	11.27
6	77	OLIVER BERRISFORD	U15B	Crawley AC	11.39
4	1	7 80m Race 7		+2.6 M/S	
1	107	KATIE BRISTOWE	U15G	Crawley AC	10.52
2	158	ESTELLE IRELAND	U15G	Crawley AC	11.08
3	121	ANNA DORNBUSCH	U15G	Brighton & Hove	11.43
4	57	HANNAH WILLIAMS	U15G	Phoenix AC	11.49
5	28	AMELIA GUMMER	U15G	Sutton	11.55
6	278	SASHA JAMES	U15G	Crawley AC	11.60 *
6	60	AMBER STRIDE	U15G	Phoenix AC	11.60 *
4	1	8 80m Race 8		+2.1 M/S	
1	285	ANGEL ASARE	U15G	Herne Hill	10.71
2	265	MADDY NONAN	U15G	Holland Sports AC	11.24
3	255	ISABEL KING	U15G	Reigate AC	11.45
4	223	SERENA VINCENT	U15G	City of Portsmouth	11.80 *
5	283	REBECCA LONG	U15G	U/A	12.40
6	109	LAUREN BROOKS	U15G	Worthing Harriers	12.67
7	82	NOOR MOHAMMAD	U15G	U/A	14.25

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

4	1	9 80m Race 9		+2.3 M/S	
1	209	JACK SMART-WILLIAMS	U13B	Crawley AC	11.59
2	166	THEO SIMON LEWIS	U13B	Reigate Priory	11.59
3	37	CONNOR FAIRHALL	U13B	Brighton & Hove	11.68
4	59	JOE LSKEY	U13B	Haywards Heath	11.83
5	83	MICHAEL ALLISON	U13B	Crawley AC	11.83
6	94	BEN COOKE	U13B	Crawley AC	12.30
7	32	CIAN CASSIDY	U13B	Brighton & Hove	12.64
4	1	10 80m Race 10		+2.1 M/S	
1	20	LEWIS MARTI-CORNISH	U13B	Crawley AC	11.42
2	204	JAMES SAUNDERS	U13B	Brighton Phoenix	11.95
3	46	GUY UNDERWOOD	U13B	Brighton & Hove	12.01
4	112	OLIVER BROWN	U13B	Crawley AC	12.08
5	47	ISSAC ELDERHORST-AWESU	U13B	Brighton & Hove	12.14
6	140	DANNY GIUSTINIANI	U13B	Brighton Phoenix	12.26
7	80	DYLAN HANSLOW	U13B	Crawley AC	12.47
4	1	11 80m Race 11		+2.0 M/S	
1	210	WILLIAM SNASHALL	U13B	Crawley AC	11.88
2	185	DANIEL O'REILLY	U13B	Crawley AC	12.00
3	245	GABRIEL RANDALL	U13B	Overton Grange AC	12.09
4	262	DILLAN TIERNEY	U13B	Crawley AC	13.16
4	1	12 80m Race 12		+2.8 M/S	
1	161	THOMAS KIMBER	U13B	Crawley AC	11.93
2	56	DILAN FYFE	U13B	Crawley AC	12.21
3	248	JACOB TREVITHICK	U13B	Overton Grange AC	12.27
4	115	JACK CORNWALL	U13B	Basingstoke & Mid Hants	13.42
4	1	13 80m Race 13		+0.5 M/S	
1	247	DAVIA STEWART	U15G	U/A	11.52
2	231	KACEY WELLER	U13G	Crawley AC	11.56
3	33	POPPY OLIVER	U13G	Crawley AC	11.62
4	183	MIA O'HARA	U13G	Eastbourne Rovers	11.93
5	12	ANUSHKA PATEL	U13G	Crawley AC	12.19
6	302	TIA WARLAND	U13G	Crawley AC	12.73
4	1	14 80m Race 14 -		+1.9 M/S	
1	40	CASSIE BREWER-WREN	U13G	Phoenix AC	11.66
2	61	COLLETTE TIERNEY	U13G	Horsham BS	11.68
3	182	MILLIE NOYCE	U13G	Crawley AC	11.96
4	90	BEATRIX DALLY	U13G	Phoenix AC	12.21
5	301	OLIVA ASTON	U13G	East Grinstead AC	12.48
6	228	GEMMA WEBB	U13G	Crawley AC	12.54

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

4	1	15 80m Race 15		+3.8 M/S		
1	246	ISOBEL SEBADUKA	U13G	Overton Grange AC	11.63	
2	95	RUBY JERGES	U13G	Horsham Blue Stars	11.86	
3	222	CLEO TOMLINSON	U13G	Horsham Blue Stars	12.02	
4	42	BROOKE TURNER	U13G	Havant AC	12.03	
5	237	REAHNNA WILSON-JONES	U13G	Sutton & District	12.09	
6	89	LILY AHMET	U13G	Phoenix AC	13.19	
4	1	16 80m Race 16		+1.3 M/S		
1	117	SOPHIE CUNLIFFE	U13G	Walton AC	12.1	
2	306	MAYA LURIE	U13G	Walton AC	12.13	
3	163	SOPHIA LANGDON	U13G	Crawley AC	12.76	
4	87	ALICE WRIGHT	U13G	Crawley AC	12.88	
5	72	DARCY FRANKLAND	U13G	U/A	13.10 *	
6	217	HOLLY TAYLOR	U13G	Crawley AC	13.30	
4	1	17 80m Race 17		+4.1 M/S		
1	11	MISHEEL SUVD	U13G	Sutton & District	11.55	
2	171	MINNIE MAORIAGA	U13G	Brighton & Hove	11.95	
3	261	DALIA STAVAR	U13G	Brighton & Hove	12.12	
4	45	ESTHER SALMON	U13G	Brighton & Hove	13.18	
5	66	KIERA SHORT	U13G	Brighton & Hove	13.49	
6	68	OLIVA FERN	U13G	Brighton & Hove	13.61	
7	243	MADDIE BROWN	U13G	Overton Grange AC	13.62	
5	1	1 600m				
1	169	ASHTON MACLEOD	U11B	Crawley AC	01:53.14	
2	16	CARLY YORK	U11G	Brighton & Hove	02:00.00	
3	27	RUDY JONES	U11B	Brighton & Hove	02:05.10	1
4	177	WILLIAM MUZIO	U11B	Brighton Phoenix	02:07.88	
5	168	ALICIA MACLEOD	U11G	Crawley AC	02:08.29	
6	159	JAMES JUDGES	U11B	Swale Combined	02:11.76	
7	116	EDWARD CROSSMAN	U11G	Horsham Blue Stars	02:14.65	
8	120	FINLAY DONJON	U11B	Crawley AC	02:14.97	
9	218	ELLIE THATCHER	U11G	Southampton AC	02:28.22	
6	1	1 300m Race 1				
1	97	AARON CARTER	SM	U/A	36.46	
2	288	GAVIN STEPHENS	SM	Worthing Harriers	36.80	
3	2	JOE MORRIS	SM	Eastbourne Rovers	37.44	
4	100	DANIEL BARRY	SM	Worthing Harriers	37.73	
5	75	OSHA NE WITTER	SM	KENT A/C	38.69	
6	294	KARL JENNER	SM	Crawley AC	40.81	
7	101	MARK ANDREWS	SM	Holland Sports AC	41.75	

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

6	1	2 300m Race 2			
1	141	MATT GORDON	SM	Havant AC	39.09
2	91	DANIEL HAMILTON	SM	Crawley AC	39.53
3	190	STUART PELLING	SM	Eastbourne Rovers	39.61
4	328	BRADLEY DEYSEL	SM	Crawley AC	41.07
5	84	CRAIG BERRYMAN	SM	Havant AC	42.02
6	3	DANIEL SHEPPARD	SM	Eastbourne Rovers	42.92
7	322	DEAN ANGEL	M50	Horsham Joggers	46.53
6	1	3 300m Race 3			
1	76	ELLIOTT GAYLE	U20M	KENT A/C	37.78
2	338	SIMEON COUSINS	U20M	HHH	38.18
3	81	OWEN WYETH	U20M	Crawley AC	38.34
4	131	JAKE FIELD	U20M	Sutton & District	38.91
5	304	BASIL DI SOUZA	U20M	Brighton & Hove	38.99
6	316	MICHAEL SLAVIN	U20M	Sutton & District	40.33
7	51	MATT BROOKES	U20M	Brighton & Hove	40.90
6	1	4 300m Race 4			
1	253	HOLLY TURNER	U23W	CrawleyAC	40.56
2	193	ALICE REYNOLDS	SW	Havant AC	42.02
3	105	CORIN BEARPARK	SW	Havant AC	43.74
4	325	MOLLY ADAMS	U20W	Horsham	44.08
5	290	MELISSA CHEESEMAN	U20W	Crawley AC	45.94
6	201	ALICE RORKE	U20W	Havant AC	46.60
7	164	GEORGIE LAVERY	U20W	Havant AC	51.48
6	1	5 300m Race 5			
1	284	ERIC SARFO	U17M	Sutton & District	37.61
2	96	JAMES BLANCHARD	U17M	Crawley AC	38.86
3	272	MATTHEW SMITH	U17M	Brighton & Hove	39.83
4	315	DOUGIE SMULLEN	U17M	Sutton & District	40.07
5	319	NATHAN PACKHAM	U17M	Crawley AC	40.66
6	1	6 300m Race 6			
1	34	JAMIE AYRES	U17M	Eastbourne Rovers	37.75
2	64	WARREN HOLL0D-WILSON	U17M	Crawley AC	38.77
3	216	KIT STREEK	U17M	Guildford & Godalming	40.40
4	229	HALLAM WEBB	U17M	Camberley AC	41.56
5	63	ALFIE BURNETT	U17M	Crawley AC	45.47
6	1	7 300m Race 7			
1	98	SIAN BISHOP	U17W	Crawley AC	43.78
2	317	BECKY QUIRKE	U17W	Worthing DH	44.80
3	184	MILLIE O'HARA	U17W	Eastbourne Rovers	46.35
4	92	JESSICA ROBINSON	U17W	Crawley AC	46.52
5	236	FIONA WILSON	U17W	Sutton & District	47.14
6	78	APRIL HANSLOW	U17W	Crawley AC	47.78

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

6	1	8 300m Race 8			
1	110	ORLA BROTHERS	U17W	Crawley AC	42.43
2	123	SOPHIE DOWLE	U17W	Crawley AC	45.55
3	30	JAZMIN CLARK	U17W	Hastings	46.04
4	224	ANOUSHA WARDLEY	U17W	Reigate Priory/Crawley	46.72
5	323	CARMEN ADJARE	U17W	Brighton & Hove	51.95
6	1	9 300m Race 9			
1	155	LUCY HOAD	U17W	Sutton & District	41.76
2	313	NICOLE OKOLOGUME	U17W	Sutton & District	43.78
3	321	ANEIRA FARRAR-DANIEL	U17W	Brighton & Hove	44.35
4	311	SOPHIA HENLON	U17W	Sutton & District	44.99
5	53	ELLIE HOWELL	U17W	Sutton & District	46.59
6	1	10 300m Race 10			
1	344	JOSHUA FIRSHT	U15B	Brighton & Hove	40.23
2	273	JAMES BOOTH	U15B	Brighton & Hove	42.58
6	1	11 300m Race 11			
1	232	ALYSSA WHITE	U15G	Chichester Runners	41.93
2	318	BETH KAVANAGH	U15G	Worthing Harriers	44.95
3	340	OLIVIA MONK	U15G	Brighton & Hove	46.12
4	57	HANNAH WILLIAMS	U15G	Phoenix AC	47.31
5	127	KEELY ELGAR	U15G	Sutton & District	47.98
6	291	BETHANY SMITH	U15G	Brighton & Hove	49.60
7	221	TENNESSEE THRESHER	U15G	Sutton & District	51.65
6	1	12 300m Race 12			
1	205	LOUISA SAUNDERS	U15G	Brighton Phoenix	43.83
2	162	JESS LAMBERT	U15G	Crawley AC	45.64
3	121	ANNA DORNBUSCH	U15G	Brighton & Hove	46.92
4	35	CHLOE AYRES	U15G	Eastbourne Rovers	48.03
5	133	ELLIE FRANKLIN	U15G	Crawley AC	48.52
6	320	LILLI GODDARD	U15G	Brighton & Hove	57.16
6	1	13 300m Race 13			
1	339	ELLA SHARPE	U15G	Horsham BS	46.04
2	238	MADLINE WILTON	U15G	City of Portsmouth	47.02
3	114	EMILY CORNWALL	U15G	Basingstoke & Mid Hants	48.65
4	202	JENNY RORKE	U15G	Havant AC	48.88
5	230	ROSA WEBB	U15G	Camberley AC	49.97
6	332	VERITY MILLAR-SARAHS	U15G	Brighton & Hove	50.33

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

1200m Race					
1	336	NATHAN BUCKERIDGE	U13B	Crawley AC	04:08.98
2	94	BEN COOKE	U13B	Crawley AC	04:16.58
3	219	OLIVER THATCHER	U13B	Southampton AC	04:17.44
4	241	JONAS ZIMMANN	U13B	Sutton & District	04:18.33
5	3610	ROXY JONES	U13G	Brighton & Hove	04:34.49
6	217	HOLLY TAYLOR	U13G	Crawley AC	04:49.55
	329	ABIGAIL BOWLER	U13G	Horsham BS	05:05.76
8	1	1 150m Race 1			
1	5	BARTON CARTER	U11B	Reigate AC	21.77
2	116	EDWARD CROSSMAN	U11B	Horsham Blue Stars	22.73
3	153	JACK HOAD	U11B	Reigate Priory AC	22.8
4	159	JAMES JUDGES	U11B	Swale Combined	24.88
5	31	TOM RALPH	U11B	Horsham Blue Stars	25.46
6	120	FINLAY DONJON	U11B	Crawley AC	26.33
8	1	2 150m Race 2			
1	16	CARLY YORK	U11G	Brighton & Hove	22.87
2	257	SOPHIE KING	U11G	Reigate AC	23.20
3	309	TOLANI AKINFOLANI	U11G	U/A	24.85
4	233	AMELIA WILLIAMS	U11G	Swale Combined	25.19
5	14	SOPHIE WILKINSON	U11G	Brighton & Hove	25.71
8	1	3 150m Race 3			
1	50	JAMES DAY	SM	Brighton & Hove	16.64
2	288	GAVIN STEPHENS	SM	Worthing Harriers	16.96
3	100	DANIEL BARRY	SM	Worthing Harriers	17.46
4	294	KARL JENNER	SM	Crawley AC	18.92
5	3	DANIEL SHEPPARD	SM	Eastbourne Rovers	19.03
6	101	MARK ANDREWS	SM	Holland Sports AC	19.51
8	1	4 150m Race 4			
1	131	JAKE FIELD	U20M	Sutton & District	17.18
2	52	RYAN DEOL	U20M	Brighton & Hove	17.34
3	304	BASIL DI SOUZA	U20M	Brighton & Hove	17.78
8	1	5 150m Race 5			
1	155	LUCY HOAD	U17W	Sutton & District	18.83
2	193	ALICE REYNOLDS	SW	Havant AC	19.06
3	311	SOPHIA HENLON	U17W	Sutton & District	19.17
4	313	NICOLE OKOLOGUME	U17W	Sutton & District	19.70
5	321	ANEIRA FARRAR-DANIEL	U17W	Brighton & Hove	19.82
6	22	EVIE ROSSITER	U20W	Brighton & Hove	19.85

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

8	1	6 150m Race 6			
1	326	SOPHIE LINTURN	U17W	Crawley AC	19.06
2	327	ABIGAIL LINTURN	U17W	Crawley AC	19.25
3	317	BECKY QUIRKE	U17W	Worthing Harriers	19.81
4	184	MILLIE O'HARA	U17W	Eastbourne Rovers	20.33
5	69	SUZY BIGWOOD	U17W	Tonbridge AC	20.37
6	239	CAROLINE WIRTH	U17W	Horsham Blue Stars	20.61
8	1	7 150m Race 7			
1	284	ERIC SARFO	U17M	Sutton & District	17.46
2	149	JOSHUA HAWKINS	U17M	Brighton & Hove	17.68
3	74	RHYS TURNER	U17M	U/A	17.81
4	315	DOUGIE SMULLEN	U17M	Sutton & District	18.23
8	1	8 150m Race 8			
1	173	WILL MARTIN	U17M	Tonbridge AC	17.11
2	157	JAMIE HOLME	U17M	East Grinstead AC	18.04
3	203	MAX DOWLING ROWLINSON	U17M	Brighton & Hove	18.94
4	229	HALLAM WEBB	U17M	Camberley AC	19.80
8	1	9 150m Race 9			
1	348	JORDAN LEVEY	U15B	Horsham BS	18.02
2	70	BRADLEY FRANLAND	U15B	U/A	21.18
3	77	OLIVER BERRISFORD	U15B	Crawley AC	21.32
4	352	JAMES GREETHAM	U15B	Crawley AC	21.40
8	1	10 150m Race 10			
1	232	ALYSSA WHITE	U15G	Chichester Runners	19.04
2	107	KATIE BRISTOWE	U15G	Crawley AC	19.67
3	318	BETH KAVANAGH	U15G	Worthing Harriers	20.72
4	230	ROSA WEBB	U15G	Camberley AC	22.34
5	332	VERITY MILLAR-SARAHS	U15G	Brighton & Hove	23.20
6	109	LAUREN BROOKS	U15G	Worthing Harriers	25.28
8	1	11 150m Race 11			
1	158	ESTELLE IRELAND	U15G	Crawley AC	19.69
2	205	LOUISA SAUNDERS	U15G	Brighton Phoenix	19.98
2	285	ANGEL ASARE	U15G	Herne Hill	19.98
4	57	HANNAH WILLIAMS	U15G	Phoenix AC	21.02
5	221	TENNESSEE THRESHER	U15G	Sutton & District	21.32
6	126	MIA ELDRIDGE	U15G	Team Kennet	22.92
8	1	12 150m Race 12			
1	279	LAUREN LETHBRIDGE	U15G	Crawley AC	20.79
2	127	KEELY ELGAR	U15G	Sutton & District	20.88
3	28	AMELIA GUMMER	U15G	Sutton & District	21.32
4	60	AMBER STRIDE	U15G	Phoenix AC	21.34
5	247	DAVIA STEWART	U15G	U/A	21.86
6	108	HANNAH BROCKBANK	U15G	Brighton & Hove	22.25

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

8	1	13	150m Race 13			
1	209		JACK SMART-WILLIAMS	U13B	Crawley AC	21.29
2	185		DANIEL O'REILLY	U13B	Crawley AC	22.06
3	37		CONNOR FAIRHALL	U13B	Brighton & Hove	22.13
4	248		JACOB TREVITHICK	U13B	Overton Grange AC	22.51
5	187		CALLUM PALMER	U13B	Horsham Blue Stars	22.69
6	262		DILLAN TIERNEY	U13B	Crawley AC	24.70
8	1	14	150m Race 14			
1	204		JAMES SAUNDERS	U13B	Brighton Phoenix	21.55
2	210		WILLIAM SNASHALL	U13B	Crawley AC	21.66
3	363		JONATHON HAINES	U13B	Crawley AC	22.88
4	140		DANNY GIUSTINIANI	U13B	Brighton Phoenix	23.04
5	241		JONAS ZIMMANN	U13B	Sutton & District	23.56
6	364		ANDREW MCGILLIBRAY	U13B	U/A	23.66
8	1	15	150m Race 15			
1	11		MISHEEL SUVD	U13G	Sutton & District	21.16
2	331		NAOMI PESTONJI	U13G	Sutton & District	21.19
3	183		MIA O'HARA	U13G	Eastbourne Rovers	22.03
4	95		RUBY JERGES	U13G	Horsham Blue Stars	22.66
5	347		LUCI SYDENHAM	U13G	East Grinstead AC	23.09
6	301		OLIVA ASTON	U13G	East Grinstead AC	23.35
7	156		FLEUR HOLLYER	U13G	Chichester Runners	23.54
8	1	16	150m Race 16			
1	154		JASMINE HOAD	U13G	Sutton & District	21.70
2	231		KACEY WELLER	U13G	Crawley AC	21.84
3	40		CASSIE BREWER-WREN	U13G	Phoenix AC	22.16
4	222		CLEO TOMLINSON	U13G	Horsham Blue Stars	22.99
5	228		GEMMA WEBB	U13G	Crawley AC	24.26
6	192		ANNA RECORD	U13G	U/A	26.83
8	1	17	150m Race 17			
1	65		ELLA HANNYNGTON	U13G	Horsham Blue Stars	21.27
2	324		PHOEBE THOMS	U13G	Phoenix AC	21.32
3	61		COLLETTE TIERNEY	U13G	Horsham Blue Stars	21.64
4	171		MINNIE MAORIAGA	U13G	Brighton & Hove	22.59
5	305		JESSICA O'FLAHERTY	U13G	Horsham Blue Stars	22.60
6	349		MELANIE BRADLEY	U13G	Horsham Blue Stars	23.24
7	261		DALIA STAVAR	U13G	Brighton & Hove	23.69

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

9	1	1 600m Race 1			
1	377	JAMIE ARNOLD	U13B	Brighton & Hove	01:44.71
2	144	NATHAN HACKLEY	U13B	Chiltern AC	01:45.66
3	345	ADAM FIRSHT	U13B	Brighton & Hove	01:47.35
4	83	MICHAEL ALLISON	U13B	Crawley AC	01:50.74
5	161	THOMAS KIMBER	U13B	Crawley AC	01:53.00
6	80	DYLAN HANSLOW	U13B	Crawley AC	01:54.50
7	245	GABRIEL RANDALL	U13B	Overton Grange AC	02:04.19
8	112	OLIVER BROWN	U13B	Crawley AC	02:07.27
9	23	HARI BROGAN	U13B	Horsham Blue Stars	02:12.04
10	263	ASHLEY TIERNEY	U13B	Crawley AC	02:28.20
9	1	2 600m Race 2			
1	196	HANNAH ROBERTS	U13G	Bracknell AC	01:48.38
2	308	MILLY DICKINSON	U13G	Phoenix AC	01:55.45
3	147	ERIN HARNETT	U13G	East Grinstead AC	01:58.74
4	87	ALICE WRIGHT	U13G	Crawley AC	02:02.35
5	350	ASTRID BLACKLEDGE	U13G	Brighton & Hove	02:02.73
6	307	RACHEL BERRY	U13G	Phoenix AC	02:03.97
7	90	BEATRIX DALLY	U13G	Phoenix AC	02:06.28
8	29	ERIN BRACKNELL	U13G	Crawley AC	02:07.59
9	192	ANNA RECORD	U13G	U/A	02:32.12
9	1	3 600m Race 3			
1	353	SAM GADSDON	U15B	Crawley AC	01:37.95
2	371	JAMIE DOOLEY	U15B	Crawley AC	01:40.53
3	15	SAM WILKINSON	U15B	Brighton & Hove	01:42.14
4	352	JAMES GREETHAM	U15B	Crawley AC	01:50.11
5	135	ALEX FRIEND	U15B	Dorking & Mole Valley	01:52.20
9	1	4 600m Race 4			
1	340	OLIVIA MONK	U15G	Brighton & Hove	01:49.47
2	341	ABBIE OWEN	U15G	Reigate AC	01:49.97
3	198	FLO ROBINSON	U15G	Brighton & Hove	01:52.10
4	202	JENNY RORKE	U15G	Havant AC	01:53.90
5	255	ISABEL KING	U15G	Reigate AC	01:54.57
6	162	JESS LAMBERT	U15G	Crawley AC	01:55.87
7	114	EMILY CORNWALL	U15G	Basingstoke & Mid Hants	01:59.88
9	1	5 600m Race 5			
1	167	RICKY LUTAKOME	U17M	Sutton & District	01:28.91
2	346	TOM DEAN	U17M	Tonbridge AC	01:31.30 *
3	375	TOM MACKMAN	U17M	Horsham	01:34.80
4	64	WARREN HOLLOD-WILSON	U17M	Crawley AC	01:35.79
5	319	NATHAN PACKHAM	U17M	Crawley AC	01:37.65
6	367	EWAN DALLAS	U17M	East Grinstead AC	01:40.16
7	384	MATT HOLBROOK	U17M	Haywards Heath	01:41.03
8	63	ALFIE BURNETT	U17M	Crawley AC	01:52.07

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

9	1	6 600m Race 6			
1	378	CHARLOTTE DANNATT	U17W	Camberley	01:42.59
2	123	SOPHIE DOWLE	U17W	Crawley AC	01:44.02
3	122	OLIVIA DOWLE	U17W	Crawley AC	01:46.06
4	359	LAURA SMITH	U17W	Sutton	01:48.25
5	132	TIA FORDE	U17W	Crawley AC	01:49.73
6	220	AMELIA THORPE	U17W	Walton AC	01:51.04
7	236	FIONA WILSON	U17W	Sutton & District	01:53.57
8	361	EMILY PRATT	U17W	Crawley AC	02:00.40
9	1	7 600m Race 7			
1	351	DAN STEPNEY	SM	PHOENIX	01:22.88
2	379	NATHAN MAPPERLEY	U20M	Camberley	01:24.62
3	141	MATT GORDON	SM	Havant AC	01:26.56
4	338	SIMEON COUSINS	U20M	Haywards Heath Harriers	01:28.31
5	190	STUART PELLING	SM	Eastbourne Rovers	01:31.28
6	365	ADRIAN HAINES	M45	Crawley AC	01:31.64
7	84	CRAIG BERRYMAN	SM	Havant AC	01:34.20
8	188	TOM PARRY	SM	Kingston & Poly.Harriers	01:34.53
9	335	RICHARD HOLT	M40	Blackey Harriers	01:38.38
10	322	DEAN ANGEL	M50	Horsham Joggers	01:42.59
9	1	8 600m Race 8			
1	105	CORIN BEARPARK	SW	Havant AC	01:40.23
2	93	JASMINE McMURRAY	U20W	Crawley AC	01:45.56
3	201	ALICE RORKE	U20W	Havant AC	01:46.31
4	370	KATHY PETERS	U20W	Crawley AC	01:48.21
5	356	KENNAGH MARSH	U20W	Crawley AC	01:56.60
6	164	GEORGIE LAVERY	U20W	Havant AC	02:00.12
10	1	1 3000m Race 1			
1	178	PAUL NAVESEY	SM	Crawley AC	09:03.31
2	385	ROBBIE BRITTON	SM	N Norfolk Beach Runners	09:09.12
3	207	EWAN SHORT	SM	Crawley AC	09:10.94
4	383	JAMES SHARE	SM	Poole Runners	09:21.77
5	382	BEN BARRY	U20M	Sunland District	09:43.62
6	373	TOBY ROE	U17M	Portsmouth	09:55.38
7	85	RICHARD JONES	SM	Eastbourne Rovers	09:57.49
8	137	ALEX GALVIN	U17M	Sutton & District	10:23.91
9	138	RYAN GALVIN	U17M	Sutton & District	10:26.34
10	372	ADAM WHITMEE	SM	Worthing Striders	10:46.29
11	343	BEN MARSHALL	SM	London School of Economics A	10:54.52
12	376	FINN HALLOREN	U15B	Brighton & Hove	10:55.41
13	369	EMMA ROBERTSON	SW	Lewes AC	10:57.45
14	366	CAMERON SMITH	U15B	Dorking & Mole Valley	11:08.47
15	113	BRADLEY BURKE	U15B	Horsham Blue Stars	11:10.56
16	88	ELLEN HUMPHREYS	U20W	Eastbourne Rovers	11:22.73
17	381	TERENCE BARNES	M50	Crawley AC	11:41.60
18	374	TOMMY ROE	U15B	Portsmouth	12:19.60

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

Field Results

Field Results		Number	Name	Club	Distance (m)
Hammer	Men				
PB>35.00	U15	1	148 Ben Hawkes	Worthing	46.32
	U17	1	256 Jake Norris	WSE	70.88
		2	165 Aaron Lewis	Crawley AC	41.10
	U20	1	264 Munroe Ritchie	Crawley AC	56.29
		2	251 Woody Cox	Crawley AC	48.75
		3	254 Jonny Haines	Crawley AC	48.16
		4	214 Joe Steer	Crawley AC	36.31
	Snr	1	130 Simon Evans	Worthing & District Harriers	46.87
Hammer	Women	U15	1 267 Anastasia Banbury	Walton	35.47
PB>35.00		2	213 Alice Steer	Crawley AC	34.60
	U17	1	252 Ellie Chandler	WSE	47.14
		2	189 Vicki Pellett	Crawley AC	45.73
		3	250 Lorissa Carter	Lewes	42.21
	U20	1	260 Lotte Hoare	Crawley AC	43.65
		2	270 Emily Baker	Worthing & District Harriers	33.99
		3	269 Lianne Baker	Worthing & District Harriers	31.28
	Snr	1	258 Louisa James	Shaftsbury	51.20
		2	151 Rebecca Healy	Chelmsford	29.74
Hammer	Men	M75	1 67 Kevin Burnett	Croydon striders	17.29
Hammer	Women	U15	1 36 Jessica Pelham	Guildford & Godalming	30.46
PB<35.00		Snr	1 19 Sophie Williams	Worthing & District Harriers	26.83
		2	62 Helen Bridgman	Oxford Uni	23.74
Shot	Men	U13B	1 219 Oliver Thatcher	Southampton	6.29
		2	185 Daniel O'Reilly	Crawley AC	5.52
		3	115 Jack Cornwall	Basingstoke	3.89
	U15	1	148 Ben Hawkes	Worthing & District Harriers	11.09
		2	235 Reece Williams	Swale Combined	8.67
	U17	1	191 Andrew Price	Horsham BS	10.16
		2	272 Matthew Smith	Brighton & Hove	0.00
	Snr	1	101 Mark Andrews	Holland Sports	8.67
		2	134 David Freeman	Crawley AC	7.91
	M45	1	73 Clayton Turner	U/A	11.49 7.26kg
		2	312 Peter Evans	Woking	10.15 7.26kg
	M55	1	124 Jan Drzewiecki	Bracknell	9.08 6.0kg
	M65	1	195 Robin Roach	Walton AC	8.31 5.0kg
	M75	1	67 Kevin Burnett	Croydon striders	5.98 4.0kg
Shot	Women	U13	1 104 Freya Baker	Crawley AC	7.81
		2	174 Peanut Meekings	Crawley AC	7.34
		3	182 Millie Noyce	Crawley AC	6.13
		4	66 Kiera Short	Brighton & Hove	5.39
		5	163 Sophia Langdon	Crawley AC	5.32
		6	342 Lucy Rogers	East Grinstead	4.25
		7	68 Olivia Vern	Brighton & Hove	0.00

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

	U15	1	223	Serena Vincent	City of Portsmouth	10.28	
		2	126	Mia Eldridge	Team Kent	8.89	
		3	334	Nicola Bell	Walton AC	8.49	
		4	108	Hannah Brockbank	Brighton & Hove	7.99	
		5	238	Madeline Wilton	City of Portsmouth	7.34	
		6	145	Ellie Haigh	Crawley AC	5.80	
		7	230	Rosa Webb	Camberley	5.69	
		8	86	Poppy Miller	Crawley AC	4.35	
	U17	1	220	Amelia Thorpe	Walton AC	9.73	
		2	189	Vicki Pellett	Crawley AC	9.29	
		3	139	Emma Garry	Horsham BS	8.86	
	Snr	1	314	Carla Lethby	Walton AC	10.68	
		2	269	Lianne Baker	Worthing & District Harriers	7.51	
		3	303	Emily Cox	Horsham BS	7.22	
		4	270	Emily Baker	Worthing & District Harriers	6.91	
Discus	Men	U13	1	37	Connor Fairhall	Brighton & Hove	11.67
			2	263	Ashley Tierney	Crawley AC	8.07
		U15	1	148	Ben Hawkes	Worthing & District Harriers	37.46
			2	235	Reece Williams	Swale Combined	21.18
		U17	1	355	Aidan Silsby	Brighton & Hove	33.41
			2	330	Will Hur	Crawley AC	30.36
			3	368	James Porter	Brighton & Hove	26.45
			4	191	Andrew Price	Horsham BS	25.67
		Snr	1	101	Mark Andrews	Holland Sports	30.80
			2	134	David Freeman	Crawley AC	22.39
		M40	1	380	Bernard Jongjan	Walton AC	29.98
		M45	1	73	Clayton Turner	U/A	33.18
			2	312	Peter Evans	Woking	29.98
		M50	1	125	Charles Eldridge	U/A	23.52 1.5kg
		M555	1	124	Jan Drzewiecki	Bracknell	35.56 1.5kg
		M65	1	195	Robin Roach	Walton AC	25.95 1.0kg
		M75	1	67	Kevin Burnett	Croydon striders	15.56 1.0kg
Discus	Women	U13	1	104	Freya Baker	Crawley AC	24.29
			2	71	Abigail McPherson	Horsham BS	12.17
		U15	1	128	Jessica Emery	Watford Harriers	29.33
			2	108	Hannah Brockbank	Brighton & Hove	28.70
			3	334	Nicola Bell	Walton AC	23.67
			4	126	Mia Eldridge	Team Kent	20.27
			5	223	Serena Vincent	City of Portsmouth	17.96
			6	194	Tamsin Ridgewell	Crawley AC	14.37
			7	320	Lillie Goddard	Brighton & Hove	12.87
			8	337	Flo Mitchell	Crawley AC	0.00
		U17	1	139	Emma Garry	Horsham BS	27.07
			2	197	Emily Robinson	Brighton & Hove	26.85
			3	239	Caroline Wirth	Horsham BS	25.49
			4	360	Annie Freeman	Brighton & Hove	24.82
			5	358	Isabella White	Brighton & Hove	13.23
			6	354	Megan Burholt	Brighton & Hove	10.53

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

	U20	1	143	Nicola Gregory	Bexley	29.60
		2	269	Lianne Baker	Worthing & District Harriers	26.26
		3	303	Emily Cox	Horsham BS	24.82
		4	295	Emily Baker	Worthing & District Harriers	19.26
	Snr	1	314	Carla Lethby	Walton AC	35.90
		2	62	Helen Bridgman	Oxford Uni	25.45
High Jump Women	U13	1	65	Ella Hannynnton	Horsham BS	1.35
<1.40		2	71	Abigail McPherson	Horsham BS	1.25
		3	147	Erin Harnett	East Grinstead	1.25
	U15	1	180	Ruth Noble	Brighton & Hove	1.35
		2	278	Sasha James	Crawley AC	1.25
		3	291	Bethany Smith	Brighton & Hove	1.25
		4	283	Rebecca Long	U/A	1.15
	U17	1	122	Olivia Dowle	Crawley AC	1.46
	U20	1	93	Jasmine McMurray	Crawley AC	1.35
	Snr	1	259	Leanne Buxton	Bedford	1.46
High Jump Men	U13	1	99	Jake Smith	Crawley AC	1.25
<1.40		2	20	Lewis Mart-Cornish	Crawley AC	1.20
		3	170	Finlay Macleod	Crawley AC	1.15
		4	187	Callum Palmer	Horsham BS	1.15
		5	23	Hari Brogan	Horsham BS	1.10
	U15	1	282	Luke Greenland	Crawley AC	1.35
High Jump Men	U20	1	292	Sam Jackson	Lewes	1.65
>1.40	Snr	1	101	Mark Andrews	Holland Sports	1.65
High Jump Women	Snr	1	276	Bethan Siddons	Havering	1.60
>1.40						
Long Jump Men	U11	1	5	Barton Carter	Reigate Priory	3.95
		2	153	Jack Hoad	Reigate Priory	3.65
		3	159	James Judges	Swale Combined	3.11
		4	362	James Pratt	Crawley AC	3.03
		5	31	Tom Ralph	Horsham BS	2.83
	U13	1	219	Oliver Thatcher	Southampton	4.22
		2	170	Finley Macleod	Crawley AC	4.08
		3	20	Lewis Mart-Cornish	Crawley AC	4.00
		4	166	Theo Lewis	Reigate Priory	3.97
		5	210	William Snashall	Crawley AC	3.84
		6	46	Guy Underwood	Brighton & Hove	3.76
		7	47	IsaacElderhorst-Awesu	Brighton & Hove	3.73
		8	187	Callum Palmer	Horsham BS	3.70
		9	209	Jack Smart-Williams	Crawley AC	3.44
		10	44	Adam Smith	Crawley AC	3.43
		11	161	Thomas Kimber	Crawley AC	3.30
		12	17	Tom Hogan	Brighton & Hove	3.21
		13	115	Jack Cornwall	Basingstoke	3.09
		14	262	Dillan Tierney	Crawley AC	2.93
		15	32	Cian Cassidy	Brighton & Hove	2.91
		16	26	Finley Hunt	Brighton & Hove	2.34
		17	263	Ashley Tierney	Crawley AC	2.08

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

	U15	1	240	Jack Woodford	Crawley AC	5.05	
		2	273	James Booth	Brighton & Hove	4.88	
		3	111	Dan Brown	Crawley AC	4.84	U17M
		4	268	Danny Ross-Horton	Brighton & Hove	4.82	
		5	282	Luke Graceland	Crawley AC	3.75	
	U17	1	191	Andrew Price	Horsham BS	5.29	
		2	272	Matthew Smith	Brighton & Hove	0.00	
	Snr	1	101	Mark Andrews	Holland Sports	5.73	
Long Jump Women	U11	1	181	Libby Noyce	Crawley AC	2.79	
		2	233	Amelia Williams	Swale Combined	2.77	
		3	218	Elly Thatcher	Southampton	2.62	
	U13	1	324	Phoebe Thomas	Phoenix	4.39	
		2	300	Lily Grant	Reigate Priory	3.95	
		3	305	Jessica O'Flahert	Horsham BS	3.95	
		4	222	Cleo Tomlinson	Horsham BS	3.92	
		5	183	Mia O'Hara	Eastbourne	3.76	
		6	40	Cassie Brewer-Wren	Phoenix	3.75	
		7	104	Freya Baker	Crawley AC	3.68	
		8	231	Kacey Weller	Crawley AC	3.65	
		9	308	Milly Dickenson	Phoenix	3.54	
		10	12	Anushka Patel	Crawley AC	3.45	
		11	95	Ruby Jerges	Horsham BS	3.44	
		12	307	Rachel Berry	Phoenix	3.42	
		13	33	Poppy Oliver	Crawley AC	3.38	
		14	42	Brooke Turner	Havant	3.30	
		15	310	Roxy Jones	Brighton & Hove	3.24	
		16	156	Fleur Hollyer	Chichester	3.20	
		17	89	Lily Ahmet	Phoenix	3.08	
		18	66	Keira Short	Brighton & Hove	3.02	
		19	68	Olivia Fern	Brighton & Hove	2.82	
		20	29	Erin Bracknell	Crawley AC	2.81	
		21	333	Florence Theobold	Phoenix	2.78	
		22	72	Darcy Frankland	U/A	2.43	
		23	79	Calista Sharman	Crawley AC	2.28	
	U15	1	279	Lauren Lethbridge	Crawley AC	4.69	
		2	114	Emily Cornwall	Basingstoke	4.44	
		3	238	Madeline Wilton	Portsmouth	4.39	
		4	180	Ruth Noble	Brighton & Hove	4.28	
		5	255	Isabel King	Reigate Priory	4.26	
		6	278	Sasha James	Crawley AC	4.05	
		7	274	Francesca White	Phoenix	4.05	
		8	265	Maddy Nunan	Holland Sports	4.03	
		9	121	Anna Dornbusch	Brighton & Hove	4.00	
		10	291	Bethany Smith	Brighton & Hove	3.83	
		11	145	Ellie Haigh	Crawley AC	3.62	
		12	283	Rebecca Long	U/A	3.60	
		13	133	Ellie Franklin	Crawley AC	3.35	

Crawley Athletic Club - Pre Season Open Meeting

Saturday 21st March 2015 - K2

U17	1	239	Caroline Wirth	Horsham BS	4.60
	2	139	Emma Garry	Horsham BS	4.37
	3	271	Millie Hemsley	Lewes	4.00
U23	1	253	Holly Turner	Crawley AC	5.10
Snr	259	259	Leanne Buxton	Bedford	4.99