

Midsummer 5

Wednesday 20 June 2007. 7:00 pm

Results for All Competitors in finish order.

| Place | Time | Name | Team | Race Age Category | Race | Race |
|-------|---------|--------------------|-------------------------|-------------------|------|------|
| 1 | 0:25:43 | BAKER, James | Chichester Runners & AC | Male Senior | 2 | 1 |
| 2 | 0:27:03 | WARD, Rob | Portsmouth Joggers | Male Senior | 234 | 2 |
| 3 | 0:27:11 | MCLOUGHIN, Stephen | | Male Vet 40 | 185 | 3 |
| 4 | 0:27:21 | COLEMAN, Russell | Victory AC | Male Senior | 22 | 4 |
| 5 | 0:27:26 | BAKER, Nick | Denmead Striders | Male Senior | 7 | 5 |
| 6 | 0:27:41 | BLEACH, Paul | City of Portsmouth AC | Male Vet 40 | 189 | 6 |
| 7 | 0:27:55 | WEST, Chris | Chichester Runners & AC | Male Senior | 166 | 7 |
| 8 | 0:28:03 | MANNING, Julian | Denmead Striders | Male Senior | 211 | 8 |
| 9 | 0:28:13 | SIRS, Nick | Exeter Harriers | Male Vet 50 | 49 | 9 |
| 10 | 0:28:40 | WARNER, Stuart | City of Portsmouth AC | Male Senior | 190 | 10 |
| 11 | 0:28:47 | CAMPION, Mark | Portsmouth Joggers | Male Senior | 160 | 11 |
| 12 | 0:28:49 | GUEST, Phil | Portsmouth Joggers | Male Vet 50 | 208 | 12 |
| 13 | 0:28:50 | NELSON, Emily | Epsom & Ewell | Female Senior | 10 | 13 |
| 14 | 0:28:59 | BISHOP, Stephen | Denmead Striders | Male Vet 40 | 224 | 14 |
| 15 | 0:29:02 | TOOP, Keith | Chichester Runners & AC | Male Vet 40 | 3 | 15 |
| 16 | 0:29:06 | PHILLIPS, Richard | Victory AC | Male Senior | 216 | 16 |
| 17 | 0:29:20 | BALL, Reg | Portsmouth Joggers | Male Vet 50 | 20 | 17 |
| 18 | 0:29:21 | JACK, Chris | | Male Senior | 24 | 18 |
| 19 | 0:29:36 | DORNING, David | Chichester Runners & AC | Male Vet 50 | 212 | 19 |
| 20 | 0:29:40 | WORCESTER, David | Chichester Runners & AC | Male Vet 50 | 68 | 20 |
| 21 | 0:29:45 | ADAMS, Ronnie | Portsmouth Joggers | Male Vet 40 | 220 | 21 |
| 22 | 0:29:59 | EDGINGTON, Nick | | Male Senior | 97 | 22 |
| 23 | 0:30:10 | FERGUSON, Mark | Havant AC | Male Senior | 71 | 23 |
| 24 | 0:30:12 | MCGREAL, Kevin | Chichester Runners & AC | Male Vet 40 | 5 | 24 |
| 25 | 0:30:26 | SAUNDERS, Tony | Portsmouth Joggers | Male Vet 50 | 144 | 25 |
| 26 | 0:30:40 | CASBURN, Nick | Chichester Runners & AC | Male Senior | 53 | 26 |
| 27 | 0:30:51 | ARNOLD, Dave | Vegan Runners | Male Vet 40 | 51 | 27 |
| 28 | 0:30:52 | POLHILL, Ben | | Male Senior | 244 | 28 |
| 29 | 0:30:54 | BLAKE, Karrie | Denmead Striders | Female Senior | 25 | 29 |
| 30 | 0:31:01 | MORGAN, John | Vegan Runners | Male Senior | 90 | 30 |
| 31 | 0:31:30 | HOWELLS, Mark | | Male Senior | 67 | 31 |
| 32 | 0:31:34 | ELLINOR, Jamie | | Male Senior | 43 | 32 |
| 33 | 0:32:00 | JARVIS, Paul | Tone Zone Runners | Male Vet 40 | 34 | 33 |
| 34 | 0:32:11 | WIRTZFELD, Peter | Worthing Striders | Male Vet 40 | 125 | 34 |
| 35 | 0:32:18 | VOLLER, Philip | Havant AC | Male Vet 50 | 228 | 35 |
| 36 | 0:32:20 | HOBBS, Richard | Tuff Fitty | Male Senior | 202 | 36 |
| 37 | 0:32:47 | HARROP, Jane | Havant AC | Female Vet 45 | 178 | 37 |
| 38 | 0:32:55 | ALDEN, Mark | Epsom & Ewell | Male Senior | 11 | 38 |
| 39 | 0:32:59 | BAILEY, Richard | Victory AC | Male Senior | 28 | 39 |
| 40 | 0:33:10 | WESTERN, Phillip | Havant AC | Male Vet 50 | 40 | 40 |
| 41 | 0:33:12 | MILLER, Martin | Chichester Runners & AC | Male Vet 60 | 231 | 41 |
| 42 | 0:33:17 | PERRY, Christopher | Sixth Dimension | Male Senior | 153 | 42 |
| 43 | 0:33:24 | DUNWIDDY, Mark | Tone Zone Runners | Male Vet 40 | 223 | 43 |
| 44 | 0:33:25 | ROBINSON, Michael | Portsmouth Joggers | Male Vet 50 | 72 | 44 |
| 45 | 0:33:31 | DELARA, Sidney | Vegan Runners | Male Vet 50 | 73 | 45 |
| 46 | 0:33:33 | CRIPPS, Fay | Chichester Runners & AC | Female Senior | 249 | 46 |
| 47 | 0:33:51 | PIKE, David | Chichester Runners & AC | Male Vet 40 | 150 | 47 |
| 48 | 0:33:52 | KENNAUGH, Alistair | Chichester Runners & AC | Male Vet 50 | 218 | 48 |
| 49 | 0:33:54 | PETERS, Phil | Chichester Runners & AC | Male Senior | 250 | 49 |
| 50 | 0:34:02 | CROCKER, Nick | Veterans AC | Male Vet 40 | 115 | 50 |
| 51 | 0:34:09 | HARDWELL, Keith | Tone Zone Runners | Male Vet 40 | 176 | 51 |
| 52 | 0:34:10 | WOODWARD, James | | Male Senior | 248 | 52 |
| 53 | 0:34:12 | HASLER, Stephen | Chichester Runners & AC | Male Vet 40 | 55 | 53 |
| 54 | 0:34:21 | HOY, Phil | Portsmouth Joggers | Male Vet 40 | 222 | 54 |
| 55 | 0:34:22 | COLEMAN, Graham | Victory AC | Male Vet 50 | 23 | 55 |
| 56 | 0:34:28 | HARLEY, Jenni | Chichester Runners & AC | Female Senior | 207 | 56 |
| 57 | 3:54:28 | GARDNER, Colin | Gosport Road Runners | Male Vet 40 | 253 | 57 |

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Results for All Competitors in finish order.

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race</i> | <i>Race</i> |
|--------------|-------------|-----------------------|-------------------------|--------------------------|-------------|-------------|
| 58 | 0:34:30 | COURT, Philip | Chichester Runners & AC | Male Senior | 214 | 58 |
| 59 | 0:34:33 | TAYLOR, Michael | Portsmouth Joggers | Male Vet 50 | 113 | 59 |
| 60 | 0:34:38 | HUNTER, Steve | | Male Vet 50 | 84 | 60 |
| 61 | 0:34:43 | GUARNACCIO, Paul | | Male Senior | 183 | 61 |
| 62 | 0:34:43 | WESTERN, Dale | Havant AC | Male Senior | 41 | 62 |
| 63 | 0:34:52 | PALMER, Simon | Tuff Fitty | Male Vet 40 | 122 | 63 |
| 64 | 0:34:55 | HEATH, Alan | Lancing eagles | Male Vet 40 | 159 | 64 |
| 65 | 0:35:04 | CLARK-LYONS, Richard | | Male Senior | 30 | 65 |
| 66 | 0:35:05 | PUDDOCK, John | | Male Vet 40 | 221 | 66 |
| 67 | 0:35:06 | PURCELL, Chris | | Male Vet 40 | 70 | 67 |
| 68 | 0:35:08 | PATTINSON, Helen | Chichester Runners & AC | Female Vet 35 | 225 | 68 |
| 69 | 0:35:14 | ROWLEY, Alan | Chichester Runners & AC | Male Senior | 203 | 69 |
| 70 | 0:35:21 | ROPER, Jon | Tuff Fitty | Male Vet 40 | 201 | 70 |
| 71 | 0:35:24 | MULHAL, John | | Male Vet 40 | 219 | 71 |
| 72 | 0:35:29 | HANCOCK, Tony | Chichester Runners & AC | Male Vet 50 | 194 | 72 |
| 73 | 0:35:32 | THOMAS, Bob | Tuff Fitty | Male Vet 60 | 199 | 73 |
| 74 | 0:35:37 | TONG, David | | Male Vet 60 | 210 | 74 |
| 75 | 0:35:37 | CARRIE, Joe | Portsmouth Joggers | Male Vet 40 | 188 | 75 |
| 76 | 0:35:45 | WEST, Gary | | Male Vet 40 | 195 | 76 |
| 77 | 0:35:46 | GALLAGHER, John | Victory AC | Male Vet 60 | 32 | 77 |
| 78 | 0:35:58 | HOLFORD, Barry | Chichester Runners & AC | Male Vet 40 | 141 | 78 |
| 79 | 0:36:14 | PENNICOTT, Derek | Chichester Runners & AC | Male Vet 50 | 205 | 79 |
| 80 | 0:36:22 | INGRAM, Helen | | Female Senior | 142 | 80 |
| 81 | 0:36:40 | SAMUELS, Sam | Tone Zone Runners | Male Vet 50 | 230 | 81 |
| 82 | 0:36:41 | BUTLER, Michelle | Victory AC | Female Vet 35 | 193 | 82 |
| 83 | 0:36:42 | FINLAY, Kenneth | Clanfield Joggers | Male Vet 50 | 136 | 83 |
| 84 | 0:36:44 | BOOTH, Peter | Tone Zone Runners | Male Senior | 45 | 84 |
| 85 | 0:37:00 | DENNY, Richard | | Male Senior | 165 | 85 |
| 86 | 0:37:21 | SIMPSON, Neil | Chichester Runners & AC | Male Vet 40 | 206 | 86 |
| 87 | 0:37:22 | CHALLEN, Mark | Tuff Fitty | Male Vet 40 | 98 | 87 |
| 88 | 0:37:24 | HARVEY, Clive | Tuff Fitty | Male Vet 40 | 200 | 88 |
| 89 | 0:37:41 | SCOTT, Gayleen | Arunners | Female Vet 55 | 86 | 89 |
| 90 | 0:37:49 | BAILEY, Daniel | Victory AC | Male Senior | 29 | 90 |
| 91 | 0:37:55 | GRAY, Paul | | Male Senior | 12 | 91 |
| 92 | 0:37:56 | STARES, Michael | Gosport Road Runners | Male Vet 60 | 158 | 92 |
| 93 | 0:37:57 | TAYLOR, Mark | Goodwood Health Club | Male Vet 40 | 139 | 93 |
| 94 | 0:38:00 | GROUT, Jackie | Tone Zone Runners | Female Vet 35 | 181 | 94 |
| 95 | 0:38:01 | CUNNINGHAM, Trudi | Chichester Runners & AC | Female Vet 35 | 56 | 95 |
| 96 | 0:38:02 | DAWE, Stu | Moose Hunters RC | Male Senior | 238 | 96 |
| 97 | 0:38:04 | CRANE, Holly | Moose Hunters RC | Female Senior | 237 | 97 |
| 98 | 0:38:07 | ST. LEDGER, Jeannette | Portsmouth Joggers | Female Vet 45 | 174 | 98 |
| 99 | 0:38:07 | WHITAKER, Peter | | Male Vet 40 | 229 | 99 |
| 100 | 0:38:25 | PANTER, John | Portsmouth Joggers | Male Vet 40 | 173 | 100 |
| 101 | 0:38:30 | OCKENDEN, Roger | Arena 80 AC | Male Vet 50 | 4 | 101 |
| 102 | 0:38:39 | ELLIS, James | | Male Senior | 149 | 102 |
| 103 | 0:38:52 | BATT, Kevin | Chichester Runners & AC | Male Senior | 232 | 103 |
| 104 | 0:38:55 | HARROP, Andrew | Havant AC | Male Vet 50 | 179 | 104 |
| 105 | 0:39:06 | MARSHALL, Norman | Chichester Runners & AC | Male Vet 40 | 233 | 105 |
| 106 | 0:39:07 | TOMPKINSON, Graham | Clanfield Joggers | Male Vet 50 | 93 | 106 |
| 107 | 0:39:10 | ROWNTREE, Graham | Havant AC | Male Vet 40 | 197 | 107 |
| 108 | 0:39:15 | COTTON, David | | Male Vet 40 | 246 | 108 |
| 109 | 0:39:19 | INGRAM, Robert | Arunners | Male Vet 40 | 87 | 109 |
| 110 | 0:39:22 | SHEPHERD, Janet | Goodwood Health Club | Female Vet 45 | 108 | 110 |
| 111 | 0:39:26 | HALL, Claire | Portsmouth Joggers | Female Vet 45 | 48 | 111 |
| 112 | 0:39:34 | MCCULLAGH, Carole | Portsmouth Joggers | Female Vet 35 | 175 | 112 |
| 113 | 0:39:40 | EDMONDS, Brian | | Male Vet 50 | 52 | 113 |
| 114 | 0:39:42 | BETTS, John | Chichester Runners & AC | Male Vet 50 | 37 | 114 |
| 115 | 0:39:43 | GOWER, Catherine | Chichester Runners & AC | Female Vet 35 | 157 | 115 |
| 116 | 0:39:54 | FARRELLY, Angus | Chichester Runners & AC | Male Senior | 116 | 116 |
| 117 | 0:39:55 | LOVERIDGE, Trevor | Maidstone Harriers | Male Vet 40 | 60 | 117 |
| 118 | 0:39:57 | JENKINS, Clive | Portsmouth Joggers | Male Vet 50 | 242 | 118 |

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| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race</i> | <i>Race</i> |
|--------------|-------------|----------------------|-------------------------|--------------------------|-------------|-------------|
| 119 | 0:39:57 | JENKINS, Christopher | Portsmouth Joggers | Male Senior | 243 | 119 |
| 120 | 0:40:05 | ROCKETT, Darren | | Male Senior | 163 | 120 |
| 121 | 0:40:06 | JONES, Ivan | | Male Vet 50 | 196 | 121 |
| 122 | 0:40:12 | TOMPSETT, Gary | Chichester Runners & AC | Male Vet 40 | 226 | 122 |
| 123 | 0:40:14 | SMITH, Martin | | Male Senior | 162 | 123 |
| 124 | 0:40:18 | GRUNWELL, Dave | Chichester Runners & AC | Male Vet 60 | 69 | 124 |
| 125 | 0:40:19 | PHILLIPS, Neil | | Male Senior | 101 | 125 |
| 126 | 0:40:20 | WILK, Jenny | | Female Senior | 63 | 126 |
| 127 | 0:40:22 | GATENBY, Joanna | Liss Runners | Female Senior | 42 | 127 |
| 128 | 0:40:24 | FOX, David | | Male Vet 40 | 169 | 128 |
| 129 | 0:40:25 | FISHER, Toby | Victory AC | Male Senior | 8 | 129 |
| 130 | 0:40:26 | FIELD, Robert | Victory AC | Male Vet 50 | 33 | 130 |
| 131 | 4:00:27 | BATCHELOR, John | | Male Vet 40 | 172 | 131 |
| 132 | 0:40:32 | FOX, Simon | | Male Senior | 168 | 132 |
| 133 | 0:40:38 | PETERS, David | Royal Navy AC | Male Vet 60 | 19 | 133 |
| 134 | 0:40:42 | OLIVER, Mark | Tone Zone Runners | Male Senior | 36 | 134 |
| 135 | 0:40:43 | DAVIDSON, Sharon | Vegan Runners | Female Senior | 152 | 135 |
| 136 | 0:40:44 | WAGSTAFF, Simon | Sixth Dimension | Male Vet 40 | 198 | 136 |
| 137 | 0:40:48 | LOMAX, Peter | Tone Zone Runners | Male Vet 60 | 182 | 137 |
| 138 | 0:40:50 | SHAW, Peter | Chichester Runners & AC | Male Vet 60 | 148 | 138 |
| 139 | 0:40:51 | HIXON, Stacy | | Female Senior | 114 | 139 |
| 140 | 0:40:51 | DRAPER, Nick | Tuff Fitty | Male Vet 40 | 44 | 140 |
| 141 | 0:40:52 | NEALE, Michael | | Male Vet 50 | 106 | 141 |
| 142 | 0:40:55 | FISHER, Sacha | Victory AC | Female Senior | 9 | 142 |
| 143 | 0:40:56 | SIMPKINS, Nadine | Goodwood Health Club | Female Senior | 112 | 143 |
| 144 | 0:40:59 | LITTLE, John | Lancing eagles | Male Senior | 241 | 144 |
| 145 | 0:41:04 | HOOTON, Jacqueline | Sixth Dimension | Female Vet 35 | 58 | 145 |
| 146 | 0:41:27 | GOWLINGS, Jerry | Portsmouth Joggers | Male Vet 40 | 74 | 146 |
| 147 | 0:41:38 | ELLIOTT, Penny | Waverly Harriers | Female Vet 55 | 50 | 147 |
| 148 | 0:41:41 | MILES, Karen | Goodwood Health Club | Female Vet 45 | 146 | 148 |
| 149 | 0:41:42 | HOBBS, Roger | Chichester Runners & AC | Male Vet 50 | 111 | 149 |
| 150 | 0:41:46 | BAKER, Vivien | Tone Zone Runners | Female Vet 35 | 75 | 150 |
| 151 | 0:41:51 | TEE, Stephen | | Male Vet 40 | 151 | 151 |
| 152 | 0:41:57 | RAINER, James | | Male Senior | 88 | 152 |
| 153 | 0:41:59 | BETTS, Catherine | Chichester Runners & AC | Female Senior | 1 | 153 |
| 154 | 0:42:02 | COURT, Jo | Chichester Runners & AC | Female Senior | 215 | 154 |
| 155 | 0:42:04 | GROUT, Carol | Tone Zone Runners | Female Vet 45 | 180 | 155 |
| 156 | 0:42:22 | LEGRAV, Shelagh | Midhurst Milers | Female Vet 45 | 145 | 156 |
| 157 | 0:42:22 | EXCELL, Graham | | Male Senior | 235 | 157 |
| 158 | 0:42:24 | VONLANTHEW, Marc | Tone Zone Runners | Male Vet 40 | 192 | 158 |
| 159 | 0:42:30 | MISKELLY, Gavin | | Male Vet 40 | 31 | 159 |
| 160 | 0:42:33 | DELL, Louise | | Female Senior | 119 | 160 |
| 161 | 0:42:33 | WILCE, Chris | | Male Senior | 120 | 161 |
| 162 | 0:42:41 | BADMAN, Dawn | Worthing Striders | Female Vet 45 | 124 | 162 |
| 163 | 0:42:43 | GLEESON, Tim | | Male Vet 40 | 21 | 163 |
| 164 | 0:42:44 | CLOKE, Liz | Moose Hunters RC | Female Senior | 239 | 164 |
| 165 | 0:42:44 | COOPER, Sarah | Moose Hunters RC | Female Senior | 240 | 165 |
| 166 | 0:42:47 | BAILEY, Nick | Victory AC | Male Vet 50 | 27 | 166 |
| 167 | 0:42:48 | BALLARD, Rachael | Chichester Runners & AC | Female Senior | 170 | 167 |
| 168 | 0:42:54 | ARGENT, Alan | Tone Zone Runners | Male Vet 60 | 126 | 168 |
| 169 | 0:42:58 | BEVIS, Michael | | Male Vet 50 | 83 | 169 |
| 170 | 0:43:06 | KENNAUGH, Duncan | Chichester Runners & AC | Male Senior | 217 | 170 |
| 171 | 0:43:10 | COLLIS, Jeremy | | Male Vet 40 | 191 | 171 |
| 172 | 0:43:13 | TURNER, Andrew | | Male Vet 50 | 156 | 172 |
| 173 | 0:43:24 | BAKER, Sue | Chichester Runners & AC | Female Vet 45 | 39 | 173 |
| 174 | 0:43:35 | WILLIAMS, Nina | Saints and Sinners | Female Vet 35 | 109 | 174 |
| 175 | 0:43:38 | HARLEY, Lynn | Chichester Runners & AC | Female Vet 45 | 209 | 175 |
| 176 | 0:43:41 | LOCKE, Roger | Lancing eagles | Male Vet 60 | 103 | 176 |
| 177 | 0:43:47 | STANSFIELD, Phil | | Male Vet 60 | 147 | 177 |
| 178 | 0:43:49 | JONES, David | | Male Senior | 251 | 178 |
| 179 | 0:43:53 | BAGE, Dawn | Running 4 Women | Female Vet 35 | 121 | 179 |

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| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race</i> | <i>Race</i> |
|--------------|-------------|---------------------------|-------------------------|--------------------------|-------------|-------------|
| 180 | 0:44:01 | HORNCastle, John | Havant AC | Male Vet 60 | 59 | 180 |
| 181 | 0:44:01 | TOMPKINSON, Graham | Clanfield Joggers | Male Vet 50 | 93 | 181 |
| 182 | 0:44:15 | MAIDMENT, Terry | Clanfield Joggers | Male Vet 40 | 102 | 182 |
| 183 | 0:44:20 | PRATT, Terrence | | Male Vet 60 | 155 | 183 |
| 184 | 0:44:21 | RUBEZEVICIUS, Jochen | | Male Senior | 76 | 184 |
| 185 | 0:44:27 | ARGENT, Patricia | Tone Zone Runners | Female Vet 55 | 127 | 185 |
| 186 | 0:44:31 | ETHERIDGE, Michelle | Tone Zone Runners | Female Vet 35 | 131 | 186 |
| 187 | 0:44:37 | JOHNS, Anthony | | Male Vet 40 | 132 | 187 |
| 188 | 0:44:45 | JACKSON, Alistair | Veterans AC | Male Vet 60 | 78 | 188 |
| 189 | 0:44:53 | BENWELL, Christine | | Female Senior | 184 | 189 |
| 190 | 0:44:56 | TYLER, Laura | | Female Senior | 213 | 190 |
| 191 | 0:45:26 | SCOTT, Miyaki | | Female Vet 35 | 130 | 191 |
| 192 | 0:45:28 | MOYLAN, Margaret | | Female Vet 45 | 143 | 192 |
| 193 | 0:45:36 | ADAMS, Raymond | Chichester Runners & AC | Male Vet 40 | 117 | 193 |
| 194 | 0:45:44 | ADAMS, Victoria | Chichester Runners & AC | Female Senior | 118 | 194 |
| 195 | 0:46:22 | EDWARDS, Jennifer | | Female Senior | 62 | 195 |
| 196 | 0:46:23 | MEADES, Erica | | Female Vet 35 | 79 | 196 |
| 197 | 0:46:41 | HARVEY, Denise | | Female Senior | 89 | 197 |
| 198 | 0:47:10 | DRAKE, Sally | Chichester Runners & AC | Female Vet 45 | 167 | 198 |
| 199 | 0:47:18 | LACK, Judith | Portsmouth Joggers | Female Vet 35 | 65 | 199 |
| 200 | 0:47:22 | HACKETT, Paul | | Male Senior | 161 | 200 |
| 201 | 0:47:26 | HALL, Carol | | Female Senior | 252 | 201 |
| 202 | 0:47:29 | PERRY, Melanie | | Female Vet 45 | 94 | 202 |
| 203 | 0:47:30 | GRIFFITHS, Lorraine | Chichester Runners & AC | Female Vet 35 | 164 | 203 |
| 204 | 0:47:38 | HEDDLEY-GODDARD, Francine | Chichester Runners & AC | Female Vet 45 | 110 | 204 |
| 205 | 0:47:40 | MCLOUGHIN, Alison | | Female Vet 35 | 186 | 205 |
| 206 | 0:47:44 | WOOLVEN, Amanda | | Female Vet 35 | 54 | 206 |
| 207 | 0:47:46 | BRENTON, Kaye | | Female Vet 35 | 187 | 207 |
| 208 | 0:47:55 | NEALE, Alison | | Female Vet 35 | 105 | 208 |
| 209 | 0:47:55 | SHORE, Kevin | | Male Vet 40 | 177 | 209 |
| 210 | 0:48:01 | MALTBY, June | | Female Vet 45 | 107 | 210 |
| 211 | 0:48:04 | FIDDLER, Dave | | Male Vet 40 | 154 | 211 |
| 212 | 0:48:44 | CARTER, Bob | | Male Vet 40 | 236 | 212 |
| 213 | 0:48:48 | BALDWIN, Kelly | Chichester Runners & AC | Female Senior | 82 | 213 |
| 214 | 0:48:48 | MARSHALL, Penny | | Female Vet 45 | 129 | 214 |
| 215 | 0:48:56 | FLINT, Maureen | Tone Zone Runners | Female Vet 55 | 137 | 215 |
| 216 | 0:48:58 | EVANS, Chris | Tuff Fitty | Male Vet 50 | 227 | 216 |
| 217 | 0:49:03 | PORTER, Caroline | | Female Vet 35 | 66 | 217 |
| 218 | 0:49:08 | TANKARD, Danae | Chichester Runners & AC | Female Vet 35 | 171 | 218 |
| 219 | 0:49:08 | MEADES, Paul | | Male Vet 40 | 80 | 219 |
| 220 | 0:49:40 | ABEL, Delia | Havant AC | Female Vet 35 | 64 | 220 |
| 221 | 0:49:45 | PALMER, Michelle | Tuff Fitty | Female Vet 35 | 123 | 221 |
| 222 | 0:50:03 | HIXON, Geoffrey | | Male Vet 50 | 57 | 222 |
| 223 | 0:50:48 | MARGETSON, Ray | Chichester Runners & AC | Male Vet 40 | 245 | 223 |
| 224 | 0:50:48 | AUSTIN, Rachel | Chichester Runners & AC | Female Vet 35 | 81 | 224 |
| 225 | 0:50:56 | FINLAY, Mary | Clanfield Joggers | Female Vet 45 | 135 | 225 |
| 226 | 0:51:17 | ANGELL, Nadine | | Female Senior | 100 | 226 |
| 227 | 0:51:34 | WEISS, Victoria | Tone Zone Runners | Female Vet 55 | 247 | 227 |
| 228 | 0:51:57 | BRIGHTMORE, Julia Mary | Tone Zone Runners | Female Vet 45 | 85 | 228 |
| 229 | 0:52:16 | BASTER, Cathy | Chichester Runners & AC | Female Vet 45 | 254 | 229 |
| 230 | 0:52:17 | JARVIS, Francesca | Tone Zone Runners | Female Vet 35 | 35 | 230 |
| 231 | 0:55:49 | RUBEZEVICIUS, Edith | | Female Vet 45 | 77 | 231 |
| 232 | 0:55:49 | DAVY, Anna | | Female Vet 35 | 128 | 232 |
| 233 | 0:58:43 | DAVIES, Robert | Victory AC | Male Vet 60 | 61 | 233 |
| 234 | 0:59:12 | JANICE, Betts | Chichester Runners & AC | Female Vet 45 | 38 | 234 |
| 235 | 1:00:06 | GODWIN, Jo | | Female Vet 35 | 16 | 235 |

There were 235 finishers in the All Competitors category.