

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 21st October 2006

Womens 4 Stage Stage 1 - Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	H Clitheroe	Preston Ha	14:11	50	C Draper	Liverpool B	16:19
2	Hatti Dean	Hallamshir	14:18	51	Jennie Guard	Leeds City B	16:21
3	Jo Wilkinson	Bedford&C A	14:18	52	Sarah Graham	Morpeth Ha A	16:22
4	Laura Kenney	RoySutCold A	14:23	53	Clare Leaver	Holmfirth A	16:27
5	Louise Damen	Poole Runn	14:29	54	Natalie Yates	Mansfield	16:31
6	Wendy Jones	Cirencestr	14:31	55	Martha Hall	GardenCR A	16:32
7	Gemma Turtle	Shaftsbury	14:35	56	Sue Boshier	Bedford&C B	16:34
8	R Robinson	Kendal Aac A	14:37	57	Maureen Laney	ClaytonLM	16:36
9	D Henaghan	ChesterLS A	14:43	58	Vicky Tester	Bristol&W B	16:37
10	Claire Martin	Telford Ac A	14:45	59	C Hutton	Charnwood B	16:37
11	Vicky Gill	ChorleyH	14:50	60	L Pitcher	Lincoln We A	16:39
12	Erica Sheldon	Southampto	14:51	61	B Verges	Trafford A A	16:44
13	Tina Brown	Coventry G A	14:51	62	Donna Daly	Scunthorpe	16:49
14	Laura McCreesh	Sale Harri A	14:52	63	Suzanne Harper	Cannock&S	16:51
15	C Snelgrove	Wakefield	14:53	64	Esther Hope	Norwich B	16:55
16	C Entwistle	Wigan Phoe A	14:54	65	V Briggs	Halesowen A	17:02
17	Nicola Bamford	Notts Ac A	14:57	66	Zoe Hanson	RoySutCold B	17:07
18	Sarah Maude	Charnwood A	14:58	67	Lucy Dalton	Telford Ha A	17:15
19	Lucy Hassell	Bristol&W A	14:59	68	Toni Boa	Harborough A	17:18
20	Nikki Archer	Vale Royal A	15:01	69	S Sharman	NorthDerby	17:23
21	Laura Carney	Liverpool A	15:04	70	Sian Pritchard	Coventry G B	17:25
22	Debbie Walters	Birchfield A	15:05	71	S Bartram	West Bromw	17:27
23	A Woodvine	Aldershot A	15:05	72	Kate Hollis	Tipton Har A	17:34
24	Linzi Snow	Woodford G	15:09	73	Jenny Hands	Leamington	17:45
25	Emma Pallent	Aldershot B	15:16	74	J Jones	Wigan Phoe B	17:46
26	K Hamilton	Bristol&W C	15:17	75	Joanne Finch	Solihull&S B	17:47
27	Kate Ramsey	Charnwood C	15:17	76	Robyn Matson	Havering M	17:52
28	R Thompson	HorwichRMI A	15:21	77	MBuzzard	Banbury Ha	17:53
29	V Wilkinson	Bingley Ha	15:25	78	S Atherton	Stafford H A	17:59
30	Emma Patel	Winchester	15:27	79	Carley Davies	Stockport B	18:10
31	Sula Young	Highgate H	15:29	80	Lesley Ewart	Holmfirth B	18:18
32	Kirsteen Young	Leeds City A	15:35	81	Clare Lodwig	Blackh'th B	18:38
33	Olivia Walwyn	Norwich A	15:38	82	Tracey Hallam	Notts Ac B	18:39
34	C Betmead	Blackpool A	15:41	83	Rachael Clews	Vale Royal B	18:41
35	Jennie Butler	Blackh'th A	15:44	84	Jane Morley	Hull Achil	18:42
36	Deborah Bell	Gateshead A	15:45	85	Denise Sanders	Telford Ac B	18:49
37	G Browning	CityBath A	15:51	86	Louise Harman	Birchfield C	18:52
38	K Cheshire	Rotherham B	15:56	87	Celia Pardoe	GardenCR B	18:54
39	C Wilding	Serpentine	15:57	88	Laura Jones	Tipton Har B	18:54
40	Amanda Dalkins	Birchfield B	15:57	89	Karen MacNeill	Halesowen B	19:00
41	Audrey Wilson	Wolverhamp	15:59	90	M Clements	SpaStrider	19:03
42	Tessa Walker	Salford Ha	16:00	91	Maureen Coffey	Westbury H	19:10
43	A Lethbridge	Aldershot C	16:03	92	L Littlewood	Kiddermins	19:25
44	Sarah Murphy	Belgrave H	16:06	93	Chris Skellern	Stafford H B	19:28
45	Sara Wells	Owls Ac	16:07	94	Caroline Quinn	CityBath B	20:48
46	Toni McIntosh	Stockport A	16:11	95	Alison Larwood	Telford Ha B	21:02
47	Jenna Hill	Sale Harri B	16:12	96	Sue Exon	Trafford A B	21:19
48	Joanna Walker	Rotherham A	16:17	97	Lin Farrow	Harborough B	22:04
49	Helen Finch	Solihull&S A	16:17	98	Laura Boulby	Notts Ac C	23:21

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 21st October 2006

Womens 4 Stage Stage 2 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Olivia Kenney	RoySutCold A	14:45	29:08	+ 3
2	V Webster	Shaftsbury	15:02	29:37	+ 5
3	Nicola Squires	Hallamshir	15:23	29:41	- 1
4	P Prescott	Bedford&C A	15:24	29:42	- 1
5	Kim Green	Telford Ac A	15:04	29:49	+ 5
6	Kathryn Waugh	ChesterLS A	15:12	29:55	+ 3
7	Svenja Abel	Highgate H	14:36	30:05	+ 24
8	Amanda Wright	Birchfield A	15:03	30:08	+ 14
9	Emily Adams	Aldershot A	15:05	30:10	+ 14
10	Jane Wassell	Cirencestr	15:49	30:20	- 4
11	L Whittaker	Sale Harri A	15:30	30:22	+ 3
12	H Singleton	Wakefield	15:30	30:23	+ 3
13	Sheila Coyle	Charnwood A	15:30	30:28	+ 5
14	Jenny Blizzard	Rotherham A	14:12	30:29	+ 34
15	Amy Campbell	Southampto	15:38	30:29	- 3
16	Carol Adams	Coventry G A	15:42	30:33	- 3
17	Laura O'Dell	Aldershot B	15:22	30:38	+ 8
18	C Coffey	Bristol&W A	15:48	30:47	+ 1
19	Philippa Walsh	Preston Ha	16:41	30:52	- 18
20	Rachael Moore	Wigan Phoe A	16:00	30:54	- 4
21	Alex Gostung	Leeds City A	15:24	30:59	+ 11
22	Rebecca Ellis	Vale Royal A	16:00	31:01	- 2
23	Emma Reed	Bristol&W C	15:48	31:05	+ 3
24	Katie Ingram	HorwichRMI A	15:51	31:12	+ 4
25	Hana Carroll	Liverpool A	16:20	31:24	- 4
26	Sue Becconsall	Bingley Ha	16:07	31:32	+ 3
27	Anne Buckley	Salford Ha	15:37	31:37	+ 15
28	Bryony Proctor	Blackh'th A	16:08	31:52	+ 7
29	M Hooton	Notts Ac A	16:56	31:53	- 12
30	Joanne Taylor	Kendal Aac A	17:19	31:56	- 22
31	Emily Clarke	Norwich A	16:29	32:07	+ 2
32	Aiveen Fox	Morpeth Ha A	15:49	32:11	+ 20
33	Kath Philp	GardenCR A	15:40	32:12	+ 22
34	Faye Fullerton	Havering M	14:36	32:28	+ 42
35	Victoria Clews	Aldershot C	16:32	32:35	+ 8
36	Gemma Hillier	Charnwood B	16:01	32:38	+ 23
37	Gail Ellershaw	Blackpool A	17:03	32:44	- 3
38	Jenny Knass	Stockport A	16:37	32:48	+ 8
39	E Calderbank	Serpentine	16:55	32:52	0
40	Claire Tarplee	Solihull&S A	16:35	32:52	+ 9
41	Harriet Canter	Lincoln We A	16:20	32:59	+ 19
42	Sarah Gailey	Belgrave H	16:57	33:03	+ 2
43	Julia Leventon	Trafford A A	16:22	33:06	+ 18
44	Sandra Grimes	Owls Ac	17:00	33:07	+ 1
45	Helen Shirley	Holmfirth A	16:40	33:07	+ 8
46	Emily Klee	Leeds City B	16:48	33:09	+ 5
47	Ruth Watson	Sale Harri B	17:00	33:12	0
48	Sarah Barnes	Rotherham B	17:19	33:15	- 10
49	Jenny Binks	Bristol&W B	16:52	33:29	+ 9
50	Nicky Alford	Norwich B	16:49	33:44	+ 14
51	Kate McKing	Liverpool B	17:27	33:46	- 1
52	Hannah Devey	CityBath A	18:04	33:55	- 15
53	Sue Burns	ClaytonLM	17:21	33:57	+ 4
54	Jo Harper	Cannock&S	17:08	33:59	+ 9
55	R Rowberry	Birchfield B	18:10	34:07	- 15
56	Sarah Francis	Scunthorpe	17:26	34:15	+ 6
57	Sally Spencer	Halesowen A	17:36	34:38	+ 8
58	Charlotte Moss	Bedford&C B	18:08	34:42	- 2
59	Sue Curry	RoySutCold B	17:50	34:57	+ 7
60	Karen Brooks	Harborough A	18:06	35:24	+ 8
61	A Coughlan	Banbury Ha	17:41	35:34	+ 16
62	Jill Gribble	Stafford H A	17:39	35:38	+ 16
63	Katharine Hill	Solihull&S B	17:53	35:40	+ 12
64	C McMurdock	Stockport B	17:31	35:41	+ 15
65	Emma Day	Leamington	18:00	35:45	+ 8
66	Gemma Curley	Mansfield	19:15	35:46	- 12
67	Christa James	Coventry G B	18:22	35:47	+ 3
68	Joan Clarke	West Bromw	18:24	35:51	+ 3
69	Amie Fithern	Tipton Har A	18:24	35:58	+ 3
70	Clare Morley	Hull Achil	17:17	35:59	+ 14
71	Julia Johnson	Holmfirth B	17:42	36:00	+ 9
72	Louise Woolley	NorthDerby	18:57	36:20	- 3
73	Sarah Mackness	Telford Ac B	17:45	36:34	+ 12
74	Victoria Jones	Vale Royal B	18:13	36:54	+ 9
75	Kate Pratten	Blackh'th B	18:23	37:01	+ 6
76	Suki Dhillon	Wolverhamp	21:19	37:18	- 35
77	Rachel Ellis	Notts Ac B	18:45	37:24	+ 5
78	C Beaumont	Birchfield C	18:39	37:31	+ 8
79	Vicki Smith	SpaStrider	18:43	37:46	+ 11
80	Angela Wilson	Wigan Phoe B	20:01	37:47	- 6
81	Jessica Harvey	Telford Ha A	20:39	37:54	- 14
82	Ruth Umerah	Stafford H B	18:32	38:00	+ 11
83	Ellie Laverty	Kiddermins	19:18	38:43	+ 9
84	Moiria Quill	Halesowen B	19:47	38:47	+ 5
85	Joy Allen	GardenCR B	20:27	39:21	+ 2
86	L Nightingale	Tipton Har B	21:01	39:55	+ 2
87	N Threlfall	CityBath B	20:36	41:24	+ 7
88	Sarah Slattery	Telford Ha B	20:58	42:00	+ 7
89	B Wilson	Harborough B	21:55	43:59	+ 8
90	Jayne Pont	Notts Ac C	24:16	47:37	+ 8

Fastest runners over stage 2:

1	Jenny Blizzard	Rotherham A	14:12
2	Svenja Abel	Highgate H	14:36
3	Faye Fullerton	Havering M	14:36
4	Olivia Kenney	RoySutCold A	14:45
5	V Webster	Shaftsbury	15:02
6	Amanda Wright	Birchfield A	15:03
7	Kim Green	Telford Ac A	15:04
8	Emily Adams	Aldershot A	15:05
9	Kathryn Waugh	ChesterLS A	15:12
10	Laura O'Dell	Aldershot B	15:22

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Womens 4 Stage Stage 3 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Cathy Mutwa	Birchfield A	14:13	44:21	+ 7	48	Tessa Jones	Norwich B	17:29	51:13 + 2
2	Rachel Felton	Shaftsbury	15:18	44:55	0	49	Liz Egan	Liverpool B	17:36	51:22 + 2
3	Louise Taylor	Telford Ac A	15:18	45:07	+ 2	50	Rachel Cook	Birchfield B	17:21	51:28 + 5
4	Emma Langdell	RoySutCold A	16:06	45:14	- 3	51	Anna Martin	Leeds City B	19:02	52:11 - 5
5	Susie Bush	Aldershot A	15:10	45:20	+ 4	52	Gill Taylor	Rotherham B	19:05	52:20 - 4
6	H Whitmore	Charnwood A	14:53	45:21	+ 7	53	Helen Frizzell	Bedford&C B	17:44	52:26 + 5
7	Emma McIntyre	Sale Harri A	15:26	45:48	+ 4	54	Sarah Kemshall	Scunthorpe	18:19	52:34 + 2
8	S Robson	ChesterLS A	16:03	45:58	- 2	55	Lynne Cox	Tipton Har A	16:37	52:35 + 14
9	Kate Goodhead	Bristol&W A	15:28	46:15	+ 9	56	H O'Donnell	Halesowen A	18:13	52:51 + 1
10	B Hopewell	Bedford&C A	16:35	46:17	- 6	57	Linda Gabriel	Trafford A A	19:53	52:59 - 14
11	Claire Forbes	Southampto	15:50	46:19	+ 4	58	R Freeman	Solihull&S B	17:22	53:02 + 5
12	Astrid Wingler	Highgate H	16:17	46:22	- 5	59	C Stansfield	Stockport B	17:26	53:07 + 5
13	Rosie Edwards	Rotherham A	15:58	46:27	+ 1	60	Nina Skilton	Stafford H A	17:46	53:24 + 2
14	Issy Menzies	Aldershot B	15:59	46:37	+ 3	61	- Morgan	NorthDerby	17:36	53:56 + 11
15	Liz Wild	Hallamshir	17:24	47:05	- 12	62	Irene Roche	ClaytonLM	20:03	54:00 - 9
16	Lorna Young	Leeds City A	16:08	47:07	+ 5	63	Vicky Lears	Banbury Ha	19:13	54:47 - 2
17	Natalie White	Bingley Ha	15:37	47:09	+ 9	64	Gemma Viney	Blackh'th B	17:48	54:49 + 11
18	Angela Allen	HorwichRMI A	16:08	47:20	+ 6	65	Jane Broomham	Mansfield	19:11	54:57 + 1
19	Sarah Hayward	Coventry G A	16:49	47:22	- 3	66	C Williams	Harborough A	19:39	55:03 - 6
20	Rachel Jones	Salford Ha	15:52	47:29	+ 7	67	N Thompson	Holmfirth B	19:31	55:31 + 4
21	C Roach	Vale Royal A	16:35	47:36	+ 1	68	Diana Fulstow	Hull Achil	19:33	55:32 + 2
22	S Richards	Bristol&W C	16:36	47:41	+ 1	69	Lizzie Walsh	Leamington	20:01	55:46 - 4
23	V Griffiths	Liverpool A	16:18	47:42	+ 2	70	Susan Baker	West Bromw	20:12	56:03 - 2
24	Trudy Compton	Cirencestr	17:32	47:52	- 14	71	Lucy Wright	Kiddermins	17:30	56:13 + 12
25	Shavaun Henry	Blackh'th A	16:21	48:13	+ 3	72	Jane Champion	Vale Royal B	19:27	56:21 + 2
26	Kath Charnock	Wigan Phoe A	17:35	48:29	- 6	73	Helen Audrain	SpaStrider	19:03	56:49 + 6
27	S Plummer	GardenCR A	16:25	48:37	+ 6	74	Z Batstone	Coventry G B	21:17	57:04 - 7
28	Kate Chapman	Morpeth Ha A	16:26	48:37	+ 4	75	Sarah Capewell	Birchfield C	19:35	57:06 + 3
29	Anne Sweeney	Preston Ha	17:53	48:45	- 10	76	Sue Johnson	Stafford H B	19:12	57:12 + 6
30	Ellen Butler	Notts Ac A	16:58	48:51	- 1	77	Sara Rex	Telford Ha A	20:19	58:13 + 4
31	R Cronshaw	Kendal Aac A	16:58	48:54	- 1	78	Debbie Dutton	Wigan Phoe B	20:34	58:21 + 2
32	M Heaton	Belgrave H	16:14	49:17	+ 10	79	Pat Allen	Notts Ac B	22:13	59:37 - 2
33	Gemma Unsworth	Blackpool A	16:35			80	Ellen Ambrose	Halesowen B	21:05	59:52 + 4
49:19	+		4			81	Liz Paton	Wolverhamp	22:41	59:59 - 5
34	Ruth Proctor	Norwich A	17:19	49:26	- 3	82	Sue Brigden	CityBath B	19:02	1:00:26+ 5
35	Sian Monahan	Bristol&W B	15:58	49:27	+ 14	83	Louise Steel	Telford Ha B	21:04	1:03:04+ 5
36	Katie Lomas	Charnwood B	16:51	49:29	0	84	Traci Edwards	Harborough B	21:32	1:05:31+ 5
37	G O'Donnell	Serpentine	16:51	49:43	+ 2	85	Alison Wile	Notts Ac C	25:41	1:13:18+ 5
38	Lucy Flanner	Solihull&S A	17:02	49:54	+ 2	Fastest runners over stage 3:				
39	Helen Hudson	Stockport A	17:07	49:55	- 1	1	Cathy Mutwa	Birchfield A	14:13	
40	G Greenfield	Aldershot C	17:20	49:55	- 5	2	H Whitmore	Charnwood A	14:53	
41	Hayley Stibbs	Havering M	17:32	50:00	- 7	3	Susie Bush	Aldershot A	15:10	
42	Jess Whitmore	CityBath A	16:37	50:32	+ 10	4	Rachel Felton	Shaftsbury	15:18	
43	Alison Pye	Sale Harri B	17:25	50:37	+ 4	5	Louise Taylor	Telford Ac A	15:18	
44	C Kilkenny	Cannock&S	16:40	50:39	+ 10	6	Emma McIntyre	Sale Harri A	15:26	
45	Alex Caven	Owls Ac	17:35	50:42	- 1	7	Kate Goodhead	Bristol&W A	15:28	
46	H Needham	Lincoln We A	17:44	50:43	- 5	8	Natalie White	Bingley Ha	15:37	
47	Lucy Griffiths	Holmfirth A	17:57	51:04	- 2	9	Claire Forbes	Southampto	15:50	
						10	Rachel Jones	Salford Ha	15:52	

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at Sutton Park, Birmingham on Saturday 21st October 2006

Womens 4 Stage Stage 4 - Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Emma Phillips	Birchfield A	15:12	59:33	0	46	Kneill-Boxley	Cannock&S	18:45	1:09:24	- 2
2	Steph Twell	Aldershot A	14:19	59:39	+ 3	47	L Michaelson	Liverpool B	18:12	1:09:34	+ 2
3	Tara Krzywicki	Charnwood A	14:56	1:00:17	+ 3	48	M Tanner	Birchfield B	18:44	1:10:12	+ 2
4	Alyson Dixon	ChesterLS A	14:46	1:00:44	+ 4	49	Jane Kemshall	Scunthorpe	17:40	1:10:14	+ 5
5	D Walker	RoySutCold A	15:41	1:00:55	- 1	50	Katie Shaw	NorthDerby	16:39	1:10:35	+ 11
6	Amy Waterlow	Sale Harri A	15:16	1:01:04	+ 1	51	Sally Percival	Halesowen A	17:47	1:10:38	+ 5
7	Julie Kirby	Telford Ac A	16:12	1:01:19	- 4	52	Fay Lebeter	Leeds City B	18:35	1:10:46	- 1
8	Heidi Moulder	Bristol&W A	15:09	1:01:24	+ 1	53	Susan Street	Tipton Har A	18:13	1:10:48	+ 2
9	Rachel Gibbs	Bedford&C A	15:28	1:01:45	+ 1	54	VickyBarrett	Stockport B	17:54	1:11:01	+ 5
10	Kate Jenrick	Highgate H	15:57	1:02:19	+ 2	55	Tracy Mitchell	ClaytonLM	17:23	1:11:23	+ 7
11	P Hyde	Coventry G A	15:17	1:02:39	+ 8	56	Rosie Fearon	Trafford A A	19:09	1:12:08	+ 1
12	Celia DeMaria	Leeds City A	15:35	1:02:42	+ 4	57	C Golder	Stafford H A	19:15	1:12:39	+ 3
13	Stacey Preston	Aldershot B	16:06	1:02:43	+ 1	58	Jackie France	Holmfirth B	17:13	1:12:44	+ 9
14	L Griffiths	Shaftsbury	17:53	1:02:48	- 12	59	Samantha Smith	Solihull&S B	19:52	1:12:54	- 1
15	Ellen Leggate	Cirencestr	15:00	1:02:52	+ 9	60	Alison Howell	Leamington	17:54	1:13:40	+ 9
16	Holly Knight	Bristol&W C	15:27	1:03:08	+ 6	61	Nicola James	Harborough A	18:41	1:13:44	+ 5
17	Maria Barrett	Liverpool A	15:44	1:03:26	+ 6	62	Kirsty Philp	Blackh'th B	19:00	1:13:49	+ 2
18	A Dennison	Bingley Ha	16:23	1:03:32	- 1	63	J Wilberforce	Hull Achil	18:40	1:14:12	+ 5
19	N Blandford	Southampto	17:16	1:03:35	- 8	64	H Taranowski	SpaStrider	17:53	1:14:42	+ 9
20	S Stockton	Vale Royal A	16:02	1:03:38	+ 1	65	E Dourneen	Kiddermins	19:23	1:15:36	+ 6
21	Linsay Clarke	Rotherham A	17:49	1:04:16	- 8	66	Tracey Gee	Stafford H B	18:44	1:15:56	+ 10
22	Karen Smout	HorwichRMI A	17:10	1:04:30	- 4	67	Helen Hoxha	Mansfield	21:05	1:16:02	- 2
23	Ruth Senior	Norwich A	15:14	1:04:40	+ 11	68	Lisa Watkins	Telford Ha A	19:24	1:17:37	+ 9
24	Jane Mooney	Morpeth Ha A	16:24	1:05:01	+ 4	69	Ann Kirkham	Coventry G B	21:10	1:18:14	+ 5
25	Jenny Murray	Stockport A	15:15	1:05:10	+ 14	70	Alice Gunn	Banbury Ha	23:35	1:18:22	- 7
26	C Bryson	Belgrave H	16:00	1:05:17	+ 6	71	Nicola Jowett	Halesowen B	18:55	1:18:47	+ 9
27	Estelle Malm	Salford Ha	17:53	1:05:22	- 7	72	Rachel Denham	Birchfield C	21:44	1:18:50	+ 3
28	Harriet Scott	Havering M	15:24	1:05:24	+ 13	73	Christine Hart	Wigan Phoe B	22:58	1:21:19	+ 5
29	Tracey Dutton	Wigan Phoe A	17:00	1:05:29	- 3	74	Ruth Schofield	Wolverhamp	21:37	1:21:36	+ 7
30	Helen Mussen	Serpentine	15:49	1:05:32	+ 7	75	R Whittaker	Notts Ac B	22:27	1:22:04	+ 4
31	Fran Green	Blackh'th A	17:20	1:05:33	- 6	76	Davina Cooke	Telford Ha B	20:20	1:23:24	+ 7
32	C Tomaney	Charnwood B	16:23	1:05:52	+ 4	77	L Lewington	Harborough B	23:55	1:29:26	+ 7
33	M Livingstone	GardenCR A	17:18	1:05:55	- 6	78	Angela Harvey	Notts Ac C	26:33	1:39:51	+ 7
34	E Crawford	Solihull&S A	16:44	1:06:38	+ 4	Fastest runners over stage 4:					
35	C Robbins	Blackpool A	17:21	1:06:40	- 2	1	Steph Twell	Aldershot A	14:19		
36	Marian Hesketh	Preston Ha	17:59	1:06:44	- 7	2	Alyson Dixon	ChesterLS A	14:46		
37	Lisa Clash	Aldershot C	16:52	1:06:47	+ 3	3	Tara Krzywicki	Charnwood A	14:56		
38	Fiona Palmer	Notts Ac A	18:12	1:07:03	- 8	4	Ellen Leggate	Cirencestr	15:00		
39	Kathy Farquhar	Holmfirth A	16:10	1:07:14	+ 8	5	Heidi Moulder	Bristol&W A	15:09		
40	Amy Dungar	Norwich B	16:15	1:07:28	+ 8	6	Emma Phillips	Birchfield A	15:12		
41	Debbie Napier	Owls Ac	16:55	1:07:37	+ 4	7	Ruth Senior	Norwich A	15:14		
42	Alison Hurford	Bristol&W B	18:22	1:07:49	- 7	8	Jenny Murray	Stockport A	15:15		
43	Emer Brangan	CityBath A	18:13	1:08:45	- 1	9	Amy Waterlow	Sale Harri A	15:16		
44	C Handforth	Kendal Aac A	20:02	1:08:56	- 13	10	P Hyde	Coventry G A	15:17		
45	Tertia Ritchie	Lincoln We A	18:15	1:08:58	+ 1						

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 21st October 2006

Womens 4 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

<p>1 Birchfield Harriers 'A' 59:33</p> <p>1 Debbie Walters (22) 15:05 2 Amanda Wright (8) 15:03</p> <p>3 Cathy Mutwa (1) 14:13 4 Emma Phillips (1) 15:12</p>	<p>17 Liverpool Harriers & AC 'A' 1:03:26</p> <p>1 Laura Carney (21) 15:04 2 Hana Carroll (25) 16:20</p> <p>3 V Griffiths (23) 16:18 4 Maria Barrett (17) 15:44</p>
<p>2 Aldershot Farnham & District A 'A' 59:39</p> <p>1 A Woodvine (23) 15:05 2 Emily Adams (9) 15:05</p> <p>3 Susie Bush (5) 15:10 4 Steph Twell (2) 14:19</p>	<p>18 Bingley Harriers & AC 1:03:32</p> <p>1 V Wilkinson (29) 15:25 2 Sue Becconsall (26) 16:07</p> <p>3 Natalie White (17) 15:37 4 A Dennison (18) 16:23</p>
<p>3 Charnwood AC 'A' 1:00:17</p> <p>1 Sarah Maude (18) 14:58 2 Sheila Coyle (13) 15:30</p> <p>3 H Whitmore (6) 14:53 4 Tara Krzywicki (3) 14:56</p>	<p>19 Southampton Running Club 1:03:35</p> <p>1 Erica Sheldon (12) 14:51 2 Amy Campbell (15) 15:38</p> <p>3 Claire Forbes (11) 15:50 4 N Blandford (19) 17:16</p>
<p>4 Chester-Le Street & District A 'A' 1:00:44</p> <p>1 D Henaghan (9) 14:43 2 Kathryn Waugh (6) 15:12</p> <p>3 S Robson (8) 16:03 4 Alyson Dixon (4) 14:46</p>	<p>20 Vale Royal AC 'A' 1:03:38</p> <p>1 Nikki Archer (20) 15:01 2 Rebecca Ellis (22) 16:00</p> <p>3 C Roach (21) 16:35 4 S Stockton (20) 16:02</p>
<p>5 Royal Sutton Coldfield AC 'A' 1:00:55</p> <p>1 Laura Kenney (4) 14:23 2 Olivia Kenney (1) 14:45</p> <p>3 Emma Langdell (4) 16:06 4 D Walker (5) 15:41</p>	<p>21 Rotherham Harriers & AC 'A' 1:04:16</p> <p>1 Joanna Walker (48) 16:17 2 Jenny Blizard (14) 14:12</p> <p>3 Rosie Edwards (13) 15:58 4 Linsay Clarke (21) 17:49</p>
<p>6 Sale Harriers Manchester 'A' 1:01:04</p> <p>1 Laura McCreesh (14) 14:52 2 L Whittaker (11) 15:30</p> <p>3 Emma McIntyre (7) 15:26 4 Amy Waterlow (6) 15:16</p>	<p>22 Horwich Rmi Harriers 'A' 1:04:30</p> <p>1 R Thompson (28) 15:21 2 Katie Ingram (24) 15:51</p> <p>3 Angela Allen (18) 16:08 4 Karen Smout (22) 17:10</p>
<p>7 Telford AC 'A' 1:01:19</p> <p>1 Claire Martin (10) 14:45 2 Kim Green (5) 15:04</p> <p>3 Louise Taylor (3) 15:18 4 Julie Kirby (7) 16:12</p>	<p>23 City Of Norwich AC 'A' 1:04:40</p> <p>1 Olivia Walwyn (33) 15:38 2 Emily Clarke (31) 16:29</p> <p>3 Ruth Proctor (34) 17:19 4 Ruth Senior (23) 15:14</p>
<p>8 Bristol & West AC 'A' 1:01:24</p> <p>1 Lucy Hassell (19) 14:59 2 C Coffey (18) 15:48</p> <p>3 Kate Goodhead (9) 15:28 4 Heidi Moulder (8) 15:09</p>	<p>24 Morpeth Harriers 'A' 1:05:01</p> <p>1 Sarah Graham (52) 16:22 2 Aiveen Fox (32) 15:49</p> <p>3 Kate Chapman (28) 16:26 4 Jane Mooney (24) 16:24</p>
<p>9 Bedford & County AC 'A' 1:01:45</p> <p>1 Jo Wilkinson (3) 14:18 2 P Prescott (4) 15:24</p> <p>3 B Hopewell (10) 16:35 4 Rachel Gibbs (9) 15:28</p>	<p>25 Stockport Harriers AC 'A' 1:05:10</p> <p>1 Toni McIntosh (46) 16:11 2 Jenny Knass (38) 16:37</p> <p>3 Helen Hudson (39) 17:07 4 Jenny Murray (25) 15:15</p>
<p>10 Highgate Harriers 1:02:19</p> <p>1 Sula Young (31) 15:29 2 Svenja Abel (7) 14:36</p> <p>3 Astrid Wingler (12) 16:17 4 Kate Jenrick (10) 15:57</p>	<p>26 Belgrave Harriers 1:05:17</p> <p>1 Sarah Murphy (44) 16:06 2 Sarah Gailey (42) 16:57</p> <p>3 M Heaton (32) 16:14 4 C Bryson (26) 16:00</p>
<p>11 Coventry Godiva Harriers 'A' 1:02:39</p> <p>1 Tina Brown (13) 14:51 2 Carol Adams (16) 15:42</p> <p>3 Sarah Hayward (19) 16:49 4 P Hyde (11) 15:17</p>	<p>27 Salford Harriers 1:05:22</p> <p>1 Tessa Walker (42) 16:00 2 Anne Buckley (27) 15:37</p> <p>3 Rachel Jones (20) 15:52 4 Estelle Malm (27) 17:53</p>
<p>12 Leeds City AC 'A' 1:02:42</p> <p>1 Kirsteen Young (32) 15:35 2 Alex Gostung (21) 15:24</p> <p>3 Lorna Young (16) 16:08 4 Celia DeMaria (12) 15:35</p>	<p>28 Havering Mayesbrook AC 1:05:24</p> <p>1 Robyn Matson (76) 17:52 2 Faye Fullerton (34) 14:36</p> <p>3 Hayley Stibbs (41) 17:32 4 Harriet Scott (28) 15:24</p>
<p>13 Aldershot Farnham & District A 'B' 1:02:43</p> <p>1 Emma Pallent (25) 15:16 2 Laura O'Dell (17) 15:22</p> <p>3 Issy Menzies (14) 15:59 4 Stacey Preston (13) 16:06</p>	<p>29 Wigan Phoenix 'A' 1:05:29</p> <p>1 C Entwistle (16) 14:54 2 Rachael Moore (20) 16:00</p> <p>3 Kath Charnock (26) 17:35 4 Tracey Dutton (29) 17:00</p>
<p>14 Shaftsbury Barnet Harriers 1:02:48</p> <p>1 Gemma Turtle (7) 14:35 2 V Webster (2) 15:02</p> <p>3 Rachel Felton (2) 15:18 4 L Griffiths (14) 17:53</p>	<p>30 Serpentine Running Club 1:05:32</p> <p>1 C Wilding (39) 15:57 2 E Calderbank (39) 16:55</p> <p>3 G O'Donnell (37) 16:51 4 Helen Mussen (30) 15:49</p>
<p>15 Cirencester AC 1:02:52</p> <p>1 Wendy Jones (6) 14:31 2 Jane Wassell (10) 15:49</p> <p>3 Trudy Compton (24) 17:32 4 Ellen Leggate (15) 15:00</p>	<p>31 Blackheath & Bromley Harriers 'A' 1:05:33</p> <p>1 Jennie Butler (35) 15:44 2 Bryony Proctor (28) 16:08</p> <p>3 Shavaun Henry (25) 16:21 4 Fran Green (31) 17:20</p>
<p>16 Bristol & West AC 'C' 1:03:08</p> <p>1 K Hamilton (26) 15:17 2 Emma Reed (23) 15:48</p> <p>3 S Richards (22) 16:36 4 Holly Knight (16) 15:27</p>	<p>32 Charnwood AC 'B' 1:05:52</p> <p>1 C Hutton (59) 16:37 2 Gemma Hillier (36) 16:01</p> <p>3 Katie Lomas (36) 16:51 4 C Tomaney (32) 16:23</p>

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 21st October 2006

33 Garden City Runners	'A' 1:05:55	50 North Derbyshire Running Club	1:10:35
1 Martha Hall (55) 16:32	2 Kath Philp (33) 15:40	1 S Sharman (69) 17:23	2 Louise Woolley (72) 18:57
3 S Plummer (27) 16:25	4 M Livingstone (33) 17:18	3 - Morgan (61) 17:36	4 Katie Shaw (50) 16:39
34 Solihull & Small Heath AC	'A' 1:06:38	51 Halesowen C & AC	'A' 1:10:38
1 Helen Finch (49) 16:17	2 Claire Tarplee (40) 16:35	1 V Briggs (65) 17:02	2 Sally Spencer (57) 17:36
3 Lucy Flanner (38) 17:02	4 E Crawford (34) 16:44	3 H O'Donnell (56) 18:13	4 Sally Percival (51) 17:47
35 Blackpool, Wyre & Fylde AC	'A' 1:06:40	52 Leeds City AC	'B' 1:10:46
1 C Betmead (34) 15:41	2 Gail Ellershaw (37) 17:03	1 Jennie Guard (51) 16:21	2 Emily Klee (46) 16:48
3 Gemma Unsworth (33) 16:35	4 C Robbins (35) 17:21	3 Anna Martin (51) 19:02	4 Fay Lebeter (52) 18:35
36 Preston Harriers	1:06:44	53 Tipton Harriers	'A' 1:10:48
1 H Clitheroe (1) 14:11	2 Philippa Walsh (19) 16:41	1 Kate Hollis (72) 17:34	2 Amie Fithern (69) 18:24
3 Anne Sweeney (29) 17:53	4 Marian Hesketh (36) 17:59	3 Lynne Cox (55) 16:37	4 Susan Street (53) 18:13
37 Aldershot Farnham & District A	'C' 1:06:47	54 Stockport Harriers AC	'B' 1:11:01
1 A Lethbridge (43) 16:03	2 Victoria Clews (35) 16:32	1 Carley Davies (79) 18:10	2 C McMurdock (64) 17:31
3 G Greenfield (40) 17:20	4 Lisa Clash (37) 16:52	3 C Stansfield (59) 17:26	4 Vicky Barrett (54) 17:54
38 Notts AC	'A' 1:07:03	55 Clayton Le Moors Harriers	1:11:23
1 Nicola Bamford (17) 14:57	2 M Hooton (29) 16:56	1 Maureen Laney (57) 16:36	2 Sue Burns (53) 17:21
3 Ellen Butler (30) 16:58	4 Fiona Palmer (38) 18:12	3 Irene Roche (62) 20:03	4 Tracy Mitchell (55) 17:23
39 Holmfirth Harriers AC	'A' 1:07:14	56 Trafford AC	'A' 1:12:08
1 Clare Leaver (53) 16:27	2 Helen Shirley (45) 16:40	1 B Verges (61) 16:44	2 Julia Leventon (43) 16:22
3 Lucy Griffiths (47) 17:57	4 Kathy Farquhar (39) 16:10	3 Linda Gabriel (57) 19:53	4 Rosie Fearon (56) 19:09
40 City Of Norwich AC	'B' 1:07:28	57 Stafford Harriers	'A' 1:12:39
1 Esther Hope (64) 16:55	2 Nicky Alford (50) 16:49	1 S Atherton (78) 17:59	2 Jill Gribble (62) 17:39
3 Tessa Jones (48) 17:29	4 Amy Dungar (40) 16:15	3 Nina Skilton (60) 17:46	4 C Golder (57) 19:15
41 Owls AC	1:07:37	58 Holmfirth Harriers AC	'B' 1:12:44
1 Sara Wells (45) 16:07	2 Sandra Grimes (44) 17:00	1 Lesley Ewart (80) 18:18	2 Julia Johnson (71) 17:42
3 Alex Caven (45) 17:35	4 Debbie Napier (41) 16:55	3 N Thompson (67) 19:31	4 Jackie France (58) 17:13
42 Bristol & West AC	'B' 1:07:49	59 Solihull & Small Heath AC	'B' 1:12:54
1 Vicky Tester (58) 16:37	2 Jenny Binks (49) 16:52	1 Joanne Finch (75) 17:47	2 Katharine Hill (63) 17:53
3 Sian Monahan (35) 15:58	4 Alison Hurford (42) 18:22	3 R Freeman (58) 17:22	4 Samantha Smith (59) 19:52
43 City Of Bath AC	'A' 1:08:45	60 Leamington C & AC	1:13:40
1 G Browning (37) 15:51	2 Hannah Devey (52) 18:04	1 Jenny Hands (73) 17:45	2 Emma Day (65) 18:00
3 Jess Whitmore (42) 16:37	4 Emer Brangan (43) 18:13	3 Lizzie Walsh (69) 20:01	4 Alison Howell (60) 17:54
44 Kendal Aac	'A' 1:08:56	61 Harborough AC	'A' 1:13:44
1 R Robinson (8) 14:37	2 Joanne Taylor (30) 17:19	1 Toni Boa (68) 17:18	2 Karen Brooks (60) 18:06
3 R Cronshaw (31) 16:58	4 C Handforth (44) 20:02	3 C Williams (66) 19:39	4 Nicola James (61) 18:41
45 Lincoln Wellington AC	'A' 1:08:58	62 Blackheath & Bromley Harriers	'B' 1:13:49
1 L Pitcher (60) 16:39	2 Harriet Canter (41) 16:20	1 Clare Lodwig (81) 18:38	2 Kate Pratten (75) 18:23
3 H Needham (46) 17:44	4 Tertia Ritchie (45) 18:15	3 Gemma Viney (64) 17:48	4 Kirsty Philp (62) 19:00
46 Cannock & Stafford AC	1:09:24	63 Hull Achilles	1:14:12
1 Suzanne Harper (63) 16:51	2 Jo Harper (54) 17:08	1 Jane Morley (84) 18:42	2 Clare Morley (70) 17:17
3 C Kilkenny (44) 16:40	4 Kneill-Boxley (46) 18:45	3 Diana Fulstow (68) 19:33	4 J Wilberforce (63) 18:40
47 Liverpool Harriers & AC	'B' 1:09:34	64 Spa Striders	1:14:42
1 C Draper (50) 16:19	2 Kate McKing (51) 17:27	1 M Clements (90) 19:03	2 Vicki Smith (79) 18:43
3 Liz Egan (49) 17:36	4 L Michaelson (47) 18:12	3 Helen Audrain (73) 19:03	4 H Taranowski (64) 17:53
48 Birchfield Harriers	'B' 1:10:12	65 Kidderminster & Stourport AC	1:15:36
1 Amanda Dalkins (40) 15:57	2 R Rowbery (55) 18:10	1 L Littlewood (92) 19:25	2 Ellie Laverty (83) 19:18
3 Rachel Cook (50) 17:21	4 M Tanner (48) 18:44	3 Lucy Wright (71) 17:30	4 E Dourneen (65) 19:23
49 Scunthorpe & District AC	1:10:14	66 Stafford Harriers	'B' 1:15:56
1 Donna Daly (62) 16:49	2 Sarah Francis (56) 17:26	1 Chris Skellern (93) 19:28	2 Ruth Umerah (82) 18:32
3 Sarah Kemshall (54) 18:19	4 Jane Kemshall (49) 17:40	3 Sue Johnson (76) 19:12	4 Tracey Gee (66) 18:44

The ERRA National Relays

at Sutton Park, Birmingham on Saturday 21st October 2006

67 Mansfield Harriers & AC **1:16:02**
 1 Natalie Yates (54) 16:31 2 Gemma Curley (66) 19:15
 3 Jane Broomham (65) 19:11 4 Helen Hoxha (67) 21:05

68 Telford Harriers **'A' 1:17:37**
 1 Lucy Dalton (67) 17:15 2 Jessica Harvey (81) 20:39
 3 Sara Rex (77) 20:19 4 Lisa Watkins (68) 19:24

69 Coventry Godiva Harriers **'B' 1:18:14**
 1 Sian Pritchard (70) 17:25 2 Christa James (67) 18:22
 3 Z Batstone (74) 21:17 4 Ann Kirkham (69) 21:10

70 Banbury Harriers **1:18:22**
 1 MBuzzard (77) 17:53 2 A Coughlan (61) 17:41
 3 Vicky Lears (63) 19:13 4 Alice Gunn (70) 23:35

71 Halesowen C & AC **'B' 1:18:47**
 1 Karen MacNeill (89) 19:00 2 Moira Quill (84) 19:47
 3 Ellen Ambrose (80) 21:05 4 Nicola Jowett (71) 18:55

72 Birchfield Harriers **'C' 1:18:50**
 1 Louise Harman (86) 18:52 2 C Beaumont (78) 18:39
 3 Sarah Capewell (75) 19:35 4 Rachel Denham (72) 21:44

73 Wigan Phoenix **'B' 1:21:19**
 1 J Jones (74) 17:46 2 Angela Wilson (80) 20:01
 3 Debbie Dutton (78) 20:34 4 Christine Hart (73) 22:58

74 Wolverhampton & Bilston AC **1:21:36**
 1 Audrey Wilson (41) 15:59 2 Suki Dhillon (76) 21:19
 3 Liz Paton (81) 22:41 4 Ruth Schofield (74) 21:37

75 Notts AC **'B' 1:22:04**
 1 Tracey Hallam (82) 18:39 2 Rachel Ellis (77) 18:45
 3 Pat Allen (79) 22:13 4 R Whittaker (75) 22:27

76 Telford Harriers **'B' 1:23:24**
 1 Alison Larwood (95) 21:02 2 Sarah Slattery (88) 20:58
 3 Louise Steel (83) 21:04 4 Davina Cooke (76) 20:20

77 Harborough AC **'B' 1:29:26**
 1 Lin Farrow (97) 22:04 2 B Wilson (89) 21:55
 3 Traci Edwards (84) 21:32 4 L Lewington (77) 23:55

78 Notts AC **'C' 1:39:51**
 1 Laura Boulby (98) 23:21 2 Jayne Pont (90) 24:16
 3 Alison Wile (85) 25:41 4 Angela Harvey (78) 26:33

Incomplete Teams:

Hallamshire Harriers **47:05**
 1 Hatti Dean (2) 14:18 2 Nicola Squires (3) 15:23
 3 Liz Wild (15) 17:24

Sale Harriers Manchester **'B' 50:37**
 1 Jenna Hill (47) 16:12 2 Ruth Watson (47) 17:00
 3 Alison Pye (43) 17:25

Rotherham Harriers & AC **'B' 52:20**
 1 K Cheshire (38) 15:56 2 Sarah Barnes (48) 17:19
 3 Gill Taylor (52) 19:05

Bedford & County AC **'B' 52:26**
 1 Sue Boshier (56) 16:34 2 Charlotte Moss (58) 18:08
 3 Helen Frizzell (53) 17:44

West Bromwich Harriers **56:03**
 1 S Bartram (71) 17:27 2 Joan Clarke (68) 18:24
 3 Susan Baker (70) 20:12

Vale Royal AC **'B' 56:21**
 1 Rachael Clews (83) 18:41 2 Victoria Jones (74) 18:13
 3 Jane Campion (72) 19:27

City Of Bath AC **'B' 1:00:26**
 1 Caroline Quinn (94) 20:48 2 N Threlfall (87) 20:36
 3 Sue Brigden (82) 19:02

Wakefield Harriers **30:23**
 1 C Snelgrove (15) 14:53 2 H Singleton (12) 15:30

Royal Sutton Coldfield AC **'B' 34:57**
 1 Zoe Hanson (66) 17:07 2 Sue Curry (59) 17:50

Telford AC **'B' 36:34**
 1 Denise Sanders (85) 18:49 2 Sarah Mackness (73) 17:45

Garden City Runners **'B' 39:21**
 1 Celia Pardoe (87) 18:54 2 Joy Allen (85) 20:27

Tipton Harriers **'B' 39:55**
 1 Laura Jones (88) 18:54 2 L Nightingale (86) 21:01

Poole Runners **14:29**
 1 Louise Damen (5) 14:29

Chorley Harriers **14:50**
 1 Vicky Gill (11) 14:50

Woodford Green With Essex Ladi **15:09**
 1 Linzi Snow (24) 15:09

Charnwood AC **'C' 15:17**
 1 Kate Ramsey (27) 15:17

Winchester & District AC **15:27**
 1 Emma Patel (30) 15:27

Gateshead Harriers & AC **'A' 15:45**
 1 Deborah Bell (36) 15:45

Westbury Harriers **19:10**
 1 Maureen Coffey (91) 19:10

Trafford AC **'B' 21:19**
 1 Sue Exon (96) 21:19

Fastest of all legs — Final

1 H Clitheroe	Preston Ha	14:11
2 Jenny Blizzard	Rotherham	A 14:12
3 Cathy Mutwa	Birchfield	A 14:13
4 Hatti Dean	Hallamshir	14:18
= Jo Wilkinson	Bedford&C	A 14:18
6 Steph Twell	Aldershot	A 14:19
7 Laura Kenney	RoySutCold	A 14:23
8 Louise Damen	Poole Runn	14:29
9 Wendy Jones	Cirencestr	14:31
10 Gemma Turtle	Shaftsbury	14:35